# PRODUCT MONOGRAPH

# INCLUDING PATIENT MEDICATION INFORMATION

### PrTRELEGY ELLIPTA

fluticasone furoate, umeclidinium and vilanterol dry powder for oral inhalation

100 mcg fluticasone furoate, 62.5 mcg umeclidinium (as bromide) and 25 mcg vilanterol (as trifenatate) per inhalation

and

200 mcg fluticasone furoate, 62.5 mcg umeclidinium (as bromide) and 25 mcg vilanterol (as trifenatate) per inhalation

Inhaled Corticosteroid (ICS) and Inhaled Bronchodilators (Long-Acting Muscarinic Antagonist (LAMA) and Long-Acting Beta<sub>2</sub>-Adrenergic Agonist (LABA)) Combination for Oral Inhalation

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# **RECENT MAJOR LABEL CHANGES**

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1 INDICATIONS, 1.1 Pediatrics	05/2021
4 DOSAGE AND ADMINISTRATION, 4.1 Dosing Considerations, 4.2 Recommended Dose and Dosage Adjustment	05/2021
7 WARNINGS AND PRECAUTIONS	05/2021

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# PART I: HEALTH PROFESSIONAL INFORMATION

# **1** INDICATIONS

TRELEGY ELLIPTA (fluticasone furoate/umeclidinium/vilanterol) is a combination of an inhaled corticosteroid (ICS), long-acting muscarinic antagonist (LAMA), and a long-acting beta<sub>2</sub>-adrenergic agonist (LABA).

# COPD

TRELEGY ELLIPTA 100/62.5/25 mcg is indicated in adult patients who are not adequately treated by a combination of an ICS/LABA or a combination of a LAMA/LABA:

- for the long-term, once daily, maintenance treatment of airflow obstruction in patients with chronic obstructive pulmonary disease (COPD), including chronic bronchitis and/or emphysema (see <u>14 CLINICAL TRIALS</u>).
- to reduce exacerbations of COPD in patients with a history of exacerbations (see <u>14 CLINICAL</u> <u>TRIALS</u>).

TRELEGY ELLIPTA is **not** indicated for the relief of acute bronchospasm (see <u>7 WARNINGS AND</u> <u>PRECAUTIONS, General</u>).

# Asthma

TRELEGY ELLIPTA 100/62.5/25 mcg and 200/62.5/25 mcg are indicated for the long-term, once-daily, maintenance treatment of asthma in patients aged 18 years and older who are not adequately controlled with a maintenance combination of a medium or high dose of an ICS and a LABA (see <u>14</u> <u>CLINICAL TRIALS</u>).

TRELEGY ELLIPTA is **not** indicated for the relief of acute bronchospasm (see <u>7 WARNINGS AND</u> <u>PRECAUTIONS, General</u>).

# 1.1 Pediatrics

**Pediatrics (<18 years of age)**: The safety and efficacy of TRELEGY ELLIPTA in pediatric patients below 18 years of age have not been established; therefore, Health Canada has not authorized an indication for pediatric use.

# 1.2 Geriatrics

**Geriatrics (≥ 65 years of age):** No dosage adjustment is required in patients 65 years of age and older.

# **2** CONTRAINDICATIONS

TRELEGY ELLIPTA is contraindicated in patients who are hypersensitive to this drug or to any ingredient in the formulation, including any non-medicinal ingredient, or component of the container. For a complete listing, see <u>6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING</u>.

TRELEGY ELLIPTA is contraindicated in patients with severe hypersensitivity to milk proteins (see <u>7</u> <u>WARNINGS AND PRECAUTIONS, Hypersensitivity Reactions</u>).

# 4 DOSAGE AND ADMINISTRATION

# 4.1 Dosing Considerations

### COPD and Asthma

- As with other inhaled drugs containing beta<sub>2</sub>-adrenergic agents, TRELEGY ELLIPTA should not be used more often than recommended, at higher doses than recommended, or in conjunction with other medicines containing LABA or LAMA, as an overdose may result.
- When beginning treatment with TRELEGY ELLIPTA, patients who have been taking rapid onset, short duration, inhaled beta<sub>2</sub>-agonists on a regular basis should be instructed to discontinue the regular use of these drugs and use them only for symptomatic relief if they develop acute respiratory symptoms while taking TRELEGY ELLIPTA.
- TRELEGY ELLIPTA should not be used to treat acute symptoms of COPD or asthma. Patients should be prescribed a rapid onset, short duration inhaled bronchodilator (e.g., salbutamol) to relieve acute symptoms such as shortness of breath and advised to have this available for use at all times.
- Patients should be made aware that for optimum benefit, TRELEGY ELLIPTA must be used regularly, even when asymptomatic.

# COPD

• Counselling by healthcare professionals on smoking cessation should be the first step in treating patients with COPD who smoke, independent of the clinical presentation i.e., chronic bronchitis (with or without airflow limitation) or emphysema. Cessation of smoking produces dramatic symptomatic benefits and has been shown to confer a survival advantage.

# Asthma

- Patients with asthma should be regularly reassessed by a healthcare professional so that the strength of TRELEGY ELLIPTA they are receiving remains optimal and is only changed on medical advice.
- Healthcare professionals should only prescribe TRELEGY ELLIPTA for patients not adequately controlled on long-term asthma control treatment with a medium or high dose inhaled corticosteroid and a LABA.
- The starting dose of TRELEGY ELLIPTA should be based on the patients' previous asthma therapy including the inhaled corticosteroid dosage.
- If a previously effective dose of TRELEGY ELLIPTA fails to provide adequate control of asthma symptoms, patients should seek medical advice as this indicates worsening of their underlying condition.

# 4.2 Recommended Dose and Dosage Adjustment

The recommended dose of TRELEGY ELLIPTA in adults 18 years of age and older is:

	COPD	Asthma
TRELEGY ELLIPTA 100/62.5/25 mcg	One inhalation once daily	One inhalation once daily
TRELEGY ELLIPTA 200/62.5/25 mcg	Not indicated	One inhalation once daily

#### COPD

The recommended and maximum dose is one inhalation of TRELEGY ELLIPTA 100/62.5/25 mcg once daily.

TRELEGY ELLIPTA 200/62.5/25 mcg is not indicated for the treatment of COPD.

#### Asthma

The recommended dose is one inhalation of TRELEGY ELLIPTA 100/62.5/25 mcg or 200/62.5/25 mcg once daily.

A starting dose of TRELEGY ELLIPTA 100/62.5/25 mcg should be considered for patients who require a low to mid dose of inhaled corticosteroid in combination with a LAMA and a LABA.

TRELEGY ELLIPTA 200/62.5/25 mcg should be considered for patients who require a higher dose of inhaled corticosteroid in combination with a LAMA and a LABA.

For patients who do not respond adequately to TRELEGY ELLIPTA 100/62.5/25 mcg once daily, consider increasing the dose to 200/62.5/25 mcg once daily, which may provide improvement in asthma control.

The maximum recommended dose is 1 inhalation of TRELEGY ELLIPTA 200/62.5/25 mcg once daily.

#### Geriatrics

No dosage adjustment is required in patients 65 years of age and older (see <u>10.3 Pharmacokinetics</u>, <u>Special Populations and Conditions</u>, <u>Geriatrics</u>).

#### Pediatrics

TRELEGY ELLIPTA should not be used in patients under 18 years of age.

#### **Hepatic Insufficiency**

For patients with moderate or severe hepatic impairment, the maximum dose is 100/62.5/25 mcg. Caution should be exercised when dosing patients with hepatic impairment who may be more at risk of systemic adverse reactions associated with corticosteroids. Patients should be monitored for corticosteroid-related side effects (see 10.3 Pharmacokinetics, Special Populations and Conditions, Hepatic Insufficiency).

# **Renal Insufficiency**

No dose adjustment is required for patients with renal impairment (see <u>10.3 Pharmacokinetics, Special</u> <u>Populations and Conditions, Renal Insufficiency</u>).

# 4.4 Administration

TRELEGY ELLIPTA is for oral inhalation only.

TRELEGY ELLIPTA should be administered as a single dose once-daily at the same time of the day each day. After inhalation, patients should rinse their mouth with water (without swallowing).

Do not use TRELEGY ELLIPTA more than once every 24 hours.

# 4.5 Missed Dose

If a dose is missed, the patient should be instructed to take the next dose when it is due. The patient should be instructed not to take an extra dose.

# 5 OVERDOSAGE

No data from clinical studies are available regarding overdose of TRELEGY ELLIPTA.

An overdose of TRELEGY ELLIPTA may produce signs, symptoms or adverse effects associated with the individual components' pharmacological actions as described below.

In the event of drug overdose, discontinue TRELEGY ELLIPTA and initiate appropriate symptomatic and/or supportive therapy. The judicious use of a cardioselective beta receptor blocker may be considered, bearing in mind that such medicine can produce bronchospasm.

Cardiac monitoring including electrocardiogram monitoring is recommended in cases of overdosage.

#### **Fluticasone Furoate**

Chronic overdosage (use at excessive doses for prolonged periods) may result in signs/symptoms of hypercorticism (see <u>7 WARNINGS AND PRECAUTIONS, Endocrine and Metabolism</u>).

The potential for acute toxic corticosteroid effects following overdosage with TRELEGY ELLIPTA is low. Because of low systemic bioavailability (15.2%) and an absence of acute drug related systemic findings in clinical trials, overdosage of fluticasone furoate is unlikely to require any treatment other than observation.

Single- and repeat-dose trials of fluticasone furoate at doses of 50 to 4,000 mcg have shown fluticasone furoate to be well tolerated. Decreases in mean serum cortisol were observed at dosages of 500 mcg or higher given once daily for 14 days.

# Umeclidinium

An overdose of umeclidinium will likely produce signs and symptoms consistent with the known inhaled muscarinic antagonist adverse effects (e.g., dry mouth, visual accommodation disturbances and tachycardia). However, there were no systemic anticholinergic adverse effects following a once-daily inhaled dose of up to 1,000 mcg umeclidinium (16 times the maximum recommended daily dose) for 14 days in subjects with COPD.

#### Vilanterol

The expected signs and symptoms with overdosage of vilanterol are those typical of excessive betaadrenergic stimulation (e.g., angina, hypertension or hypotension, tachycardia with rates up to 200 beats/min, arrhythmias, QTc prolongation, nervousness, headache, tremor, seizures, muscle cramps, dry mouth, palpitation, nausea, dizziness, fatigue, malaise, insomnia, hyperglycemia, hypokalemia, metabolic acidosis). As with all inhaled sympathomimetic medicines, cardiac arrest and even death may be associated with an overdose of vilanterol.

For management of a suspected drug overdose, contact your regional poison control centre.

# 6 DOSAGE FORMS, STRENGTHS, COMPOSITION AND PACKAGING

Route of Administration	Dosage Form / Strength/Composition	Non-medicinal Ingredients
Oral inhalation	Dry powder for oral inhalation	Lactose monohydrate* (which contains milk protein) and magnesium stearate
	100 mcg or 200 mcg fluticasone furoate	
	62.5 mcg umeclidinium (as bromide)	
	25 mcg vilanterol (as trifenatate)	

# Table 1Dosage Forms, Strengths, Composition and Packaging

\* See 2 CONTRAINDICATIONS and 7 WARNINGS AND PRECAUTIONS sections.

TRELEGY ELLIPTA consists of an inhaler device with a plastic light grey body, a beige mouthpiece cover and a dose counter. The inhaler device encompasses two double foil blister strips both having either 14 or 30 blisters each. On one strip, each blister contains a white dry powder mixture of micronized fluticasone furoate (100 or 200 mcg) and lactose monohydrate. On the other strip, each blister contains a white dry powder mixture of micronized umeclidinium bromide (74.2 mcg, equivalent to 62.5 mcg of umeclidinium), micronized vilanterol trifenatate (40 mcg equivalent to 25 mcg of vilanterol), lactose monohydrate and magnesium stearate. The lactose monohydrate contains milk proteins. After the inhaler is activated, the powder within both blisters is exposed and ready for dispersion into the airstream created by the patient inhaling through the mouthpiece.

Comparative in vitro data for drug delivery and aerodynamic particle size distribution of the delivered drugs fluticasone furoate (100 mcg), umeclidinium (62.5 mcg), and vilanterol (25 mcg) demonstrated that there were no pharmaceutical interactions and each drug was delivered in a comparable manner whether administered via a single ELLIPTA inhaler or from separate inhalers.

**TRELEGY ELLIPTA 100/62.5/25 mcg:** Each single inhalation dispenses 100 mcg of fluticasone furoate, 62.5 mcg of umeclidinium (as bromide) and 25 mcg of vilanterol (as trifenatate). Each single inhalation provides a delivered dose (the dose leaving the mouthpiece) of 92 mcg of fluticasone furoate, 55 mcg of umeclidinium (as bromide) and 22 mcg of vilanterol (as trifenatate), when tested under standardized in vitro conditions at a flow rate of 60 L/min for 4 seconds.

**TRELEGY ELLIPTA 200/62.5/25 mcg:** Each single inhalation dispenses 200 mcg of fluticasone furoate, 62.5 mcg of umeclidinium (as bromide) and 25 mcg of vilanterol (as trifenatate). Each single inhalation provides a delivered dose (the dose leaving the mouthpiece) of 184 mcg of fluticasone furoate, 55 mcg of umeclidinium (as bromide) and 22 mcg of vilanterol (as trifenatate), when tested under standardized in vitro conditions at a flow rate of 60 L/min for 4 seconds.

In adult subjects with severe asthma, mean peak inspiratory flow through the ELLIPTA inhaler was 96.6 L/min (range: 72.4 to 124.6 L/min).

In adult subjects with very severe COPD (FEV<sub>1</sub>/FVC [forced vital capacity] <70% and FEV<sub>1</sub> <30% predicted), mean peak inspiratory flow through the ELLIPTA inhaler was 65.8 L/min (range: 43.5 to 94.1 L/min). The actual amount of drug delivered to the lung will depend on patient factors, such as inspiratory flow profile.

# 7 WARNINGS AND PRECAUTIONS

# General

Serious Asthma-Related Events – Hospitalizations, Intubations, Death: Use of LABA as monotherapy (without ICS) for asthma is associated with an increased risk of asthma-related death (see Salmeterol Multicenter Asthma Research Trial (SMART)). Available data from controlled clinical trials also suggest that use of LABA as monotherapy increases the risk of asthma-related hospitalization in pediatric and adolescent patients. These findings are considered a class effect of LABA monotherapy. When LABA are used in fixed-dose combination with ICS, data from large clinical trials do not show a significant increase in the risk of serious asthma-related events (hospitalizations, intubations, death) compared with ICS alone (see Serious Asthma-Related Events with Inhaled Corticosteroid/Long-acting Beta<sub>2</sub>-adrenergic Agonist Combination Products).

# Serious Asthma-Related Events with Inhaled Corticosteroid/Long-acting Beta<sub>2</sub>-adrenergic Agonist Combination Products

Four (4) large, 26-week, randomized, double-blind, active-controlled clinical safety trials were conducted to evaluate the risk of serious asthma-related events when LABA were used in fixed-dose combination with ICS compared with ICS alone in subjects with asthma. Three (3) trials included adult and adolescent subjects aged 12 years and older: 1 trial compared budesonide/formoterol with budesonide, 1 trial compared fluticasone propionate/salmeterol with fluticasone propionate, and 1 trial compared mometasone furoate/formoterol with mometasone furoate. The fourth trial included pediatric subjects aged 4 to 11 years and compared fluticasone propionate/salmeterol with fluticasone propionate. No safety study was conducted with TRELEGY ELLIPTA. The primary safety endpoint for all 4 trials was serious asthma-related events (hospitalizations, intubations, death). A single, blinded, independent, joint adjudication committee determined whether events were asthma related.

The 3 adult and adolescent trials were designed to rule out a 2.0-fold increase in relative risk for ICS/LABA compared with ICS. Each individual trial met its pre-specified objective and demonstrated non-inferiority of ICS/LABA to ICS alone. A meta-analysis of the 3 adult and adolescent trials did not show a significant increase in risk of a serious asthma-related event with ICS/LABA fixed-dose

combination compared with ICS alone. These trials were not designed to rule out all risk for serious asthma-related events with ICS/LABA compared with ICS.

fears and Older			
	ICS/LABA (n=17,537)ª	ICS (n=17,552)ª	ICS/LABA vs. ICS Hazard Ratio (95% CI) <sup>b</sup>
Serious asthma-related event <sup>c</sup>	116	105	1.10 (0.85, 1.44)
Asthma-related death	2	0	
Asthma-related intubation	1	2	
(endotracheal)			
Asthma-related hospitalization	115	105	
(≥24-hour stay)			

# Table 2Meta-analysis of Serious Asthma-Related Events in Subjects with Asthma Aged 12<br/>Years and Older

ICS = Inhaled Corticosteroid; LABA = Long-acting Beta<sub>2</sub>-adrenergic Agonist.

<sup>a</sup> Randomized subjects who had taken at least 1 dose of study drug. Planned treatment used for analysis.

<sup>b</sup> Estimated using a Cox proportional hazards model for time to first event with baseline hazards stratified by each of the 3 trials.

<sup>c</sup> Number of subjects with an event that occurred within 6 months after the first use of study drug or 7 days after the last date of study drug, whichever date was later. Subjects may have had one or more events, but only the first event was counted for analysis. A single, blinded, independent, joint adjudication committee determined whether events were asthma related.

# Salmeterol Multicenter Asthma Research Trial (SMART)

A 28-week, placebo-controlled, U.S. trial that compared the safety of salmeterol with placebo, each added to usual asthma therapy, showed an increase in asthma-related deaths in subjects receiving salmeterol (13/13,176 in subjects treated with salmeterol versus 3/13,179 in subjects treated with placebo; relative risk: 4.37 [95% CI: 1.25, 15.34]). Use of background ICS was not required in SMART. The increased risk of asthma-related death is considered a class effect of LABA monotherapy.

**Not for Acute Use:** TRELEGY ELLIPTA should not be used for the relief of acute symptoms of COPD or asthma (i.e., as rescue therapy for the treatment of acute episodes of bronchospasm). Patients should be prescribed a rapid onset, short duration inhaled bronchodilator (e.g., salbutamol) to relieve acute symptoms such as shortness of breath, and advised to have this available for use at all times.

When beginning treatment with TRELEGY ELLIPTA, patients who have been taking a rapid onset, short duration, inhaled bronchodilator on a regular basis should be instructed to discontinue the regular use of these drugs and use them only for symptomatic relief if they develop acute symptoms while taking TRELEGY ELLIPTA.

**Deterioration of Disease and Acute Episodes:** TRELEGY ELLIPTA should not be initiated in patients with acutely deteriorating COPD or asthma which may be a life-threatening condition. The use of TRELEGY ELLIPTA in this setting has not been studied and is not considered appropriate.

COPD or asthma may deteriorate acutely over a period of hours or chronically over several days or longer. If TRELEGY ELLIPTA no longer controls symptoms of bronchoconstriction, the patient's inhaled, short-acting bronchodilator becomes less effective or the patient needs more inhalation of a shortacting bronchodilator than usual, these may be markers of deterioration of disease. In this setting, a reevaluation of the patient and the treatment regimen should be undertaken at once.

Asthma-related adverse events and exacerbations may occur during treatment with TRELEGY ELLIPTA.

Patients should be advised to continue treatment and seek medical advice if symptoms remain uncontrolled or worsen after initiation of therapy with TRELEGY ELLIPTA.

Patients should not stop therapy with TRELEGY ELLIPTA without physician supervision since symptoms may recur after discontinuation.

**Excessive use and use with other LABA and LAMA products:** TRELEGY ELLIPTA should not be used more often or at higher doses than recommended.

TRELEGY ELLIPTA should not be administered concomitantly with other medicines containing a longacting beta<sub>2</sub>-adrenergic agonist (e.g., salmeterol, formoterol fumarate, indacaterol, olodaterol), or a long-acting muscarinic antagonist (e.g., tiotropium, glycopyrronium, aclidinium, umeclidinium) for any reason, as an overdose may result. Clinically significant cardiovascular effects and fatalities have been reported in association with excessive use of inhaled sympathomimetic drugs.

Anticholinergic Effects: Consistent with its antimuscarinic activity, TRELEGY ELLIPTA should be used with caution in patients with narrow-angle glaucoma (see <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Ophthalmologic</u>) or urinary retention (see <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Renal</u>) since worsening of these conditions may occur.

#### Cardiovascular

Cardiovascular effects, such as cardiac arrhythmias, e.g., atrial fibrillation and tachycardia, may be seen after the administration of sympathomimetic agents and muscarinic receptor antagonists, including TRELEGY ELLIPTA. In case such effects occur, treatment may need to be discontinued.

Clinically significant cardiovascular effects and fatalities have been reported in association with excessive use of inhaled sympathomimetic drugs. Cardiovascular effects such as tachycardia, arrhythmia, palpitations, myocardial ischemia, angina pectoris, hypertension or hypotension have been associated with use of beta-adrenergic agonists. In addition, beta-agonists have been reported to produce electrocardiographic changes, such as flattening of the T wave, prolongation of the QTc interval, and ST segment depression. Like all products containing sympathomimetic agents, TRELEGY ELLIPTA should therefore be used with caution in patients with unstable or life-threatening cardiovascular disease, especially coronary insufficiency, cardiac arrhythmias (including tachyarrhythmias), or hypertension.

**Electrocardiography:** As with other beta<sub>2</sub>-agonists, caution is recommended if TRELEGY ELLIPTA is administered to patients with a known history of QTc prolongation, risk factors for torsade de pointes (e.g., hypokalemia), or patients who are taking medications known to prolong the QTc interval (see <u>9.2</u> Drug Interactions Overview; and <u>10.2 Pharmacodynamics</u>).

**Hemodynamics:** Like other beta<sub>2</sub>-agonists, vilanterol can produce clinically significant cardiovascular effects in some patients as measured by an increase in pulse rate, systolic or diastolic blood pressure, or cardiac arrhythmias such as atrial fibrillation, supraventricular tachycardia and extrasystoles (see <u>8</u> <u>ADVERSE REACTIONS</u> and <u>10 CLINICAL PHARMACOLOGY</u>). If such effects occur, TRELEGY ELLIPTA may need to be discontinued.

#### **Driving and Operating Machinery**

There have been no studies investigating the effect of TRELEGY ELLIPTA on the ability to perform tasks that require judgment, motor or cognitive skills. The occurrence of headache or blurred vision may influence the ability to drive or to use machinery.

# Ear/Nose/Throat

Localized infections of the mouth and pharynx with *Candida albicans*, which are associated with the use of inhaled glucocorticosteroids, have occurred in patients treated with TRELEGY ELLIPTA during clinical studies. Patients should therefore be advised to rinse their mouth with water (without swallowing) after inhalation of TRELEGY ELLIPTA to reduce the risk of oropharyngeal candidiasis.

When such an infection develops, it should be treated with appropriate local or systemic (i.e., oral) antifungal therapy while treatment with TRELEGY ELLIPTA continues. However, at times, therapy with TRELEGY ELLIPTA may need to be interrupted for the treatment of severe infections (see <u>9.4 Drug-Drug</u> <u>Interactions</u>).

# **Endocrine and Metabolism**

Systemic effects of inhaled corticosteroids may occur, particularly at high doses prescribed for prolonged periods. These effects are much less likely to occur with inhaled corticosteroids than with oral corticosteroids. Possible systemic effects include: Cushing's syndrome, Cushingoid features, hypothalamic-pituitary-adrenal (HPA) axis suppression, growth retardation in children and adolescents (in asthma), a decrease in bone mineral density (BMD), cataracts, glaucoma, and central serous chorioretinopathy.

**Hypercorticism and Adrenal Suppression:** Inhaled fluticasone furoate is absorbed into the circulation and can be systemically active (see <u>10.2 Pharmacodynamics</u>). Exceeding the recommended dosage or co-administration with a strong cytochrome P450 3A4 (CYP3A4) inhibitor may result in HPA dysfunction (see <u>9.4 Drug-Drug Interactions</u>).

It is possible that systemic corticosteroid effects such as hypercorticism and adrenal suppression (including adrenal crisis) may appear in a small number of patients who are sensitive to these effects. In light of the possibility of systemic absorption of inhaled corticosteroids, patients treated with TRELEGY ELLIPTA should be observed carefully for any evidence of systemic corticosteroid effects. Particular care should be taken in observing patients postoperatively or during periods of stress for evidence of inadequate adrenal response. If such effects occur, appropriate therapy should be considered.

**Systemic Steroid Replacement by Inhaled Steroid:** Particular care is needed for patients who have been transferred from systemically active corticosteroids to inhaled corticosteroids because deaths due to adrenal insufficiency have occurred in patients with asthma during and after transfer from systemic corticosteroids to less systemically available inhaled corticosteroids. After withdrawal from systemic corticosteroids, a number of months are required for recovery of HPA function.

Patients who have been previously maintained on 20 mg or more of prednisone (or its equivalent) may be most susceptible, particularly when their systemic corticosteroids have been almost completely withdrawn. During this period of HPA suppression, patients may exhibit signs and symptoms of adrenal insufficiency when exposed to trauma, surgery, or infection (particularly gastroenteritis) or other conditions associated with severe electrolyte loss. Although TRELEGY ELLIPTA may control COPD or asthma symptoms during these episodes, in recommended doses it supplies less than normal physiological amount of glucocorticoid systemically and does NOT provide the mineralocorticoid activity that is necessary for coping with these emergencies.

During periods of stress, a severe asthma attack, or a severe COPD exacerbation, patients who have been withdrawn from systemic corticosteroids should be instructed to resume oral corticosteroids immediately and to contact their physicians for further instruction. These patients should also be instructed to carry a warning card indicating that they may need supplementary systemic corticosteroids during periods of stress, a severe asthma attack, or severe COPD exacerbation. Patients requiring oral corticosteroids should be weaned slowly from systemic corticosteroid use after transferring to TRELEGY ELLIPTA. Lung function (mean forced expiratory volume in 1 second [FEV<sub>1</sub>]), beta-agonist use, and COPD or asthma symptoms should be carefully monitored during withdrawal of oral corticosteroids. In addition, patients should be observed for signs and symptoms of adrenal insufficiency, such as fatigue, lassitude, weakness, nausea and vomiting, and hypotension.

Transfer of patients from systemic corticosteroid therapy to TRELEGY ELLIPTA may unmask allergic conditions previously suppressed by the systemic corticosteroid therapy (e.g., rhinitis, conjunctivitis, eczema, arthritis, eosinophilic conditions).

During withdrawal from oral corticosteroids, some patients may experience symptoms of systemically active corticosteroid withdrawal (e.g., joint and/or muscular pain, lassitude, depression), despite maintenance or even improvement of respiratory function.

**Reduction in Bone Mineral Density:** Decreases in bone mineral density (BMD) have been observed with long-term administration of products containing inhaled corticosteroids. Patients with major risk factors for decreased bone mineral content, such as prolonged immobilization, family history of osteoporosis, postmenopausal status, tobacco use, advanced age, poor nutrition, or chronic use of drugs that can reduce bone mass (e.g., anticonvulsants, oral corticosteroids) should be monitored and treated with established standards of care. Since patients with COPD often have multiple risk factors for reduced BMD, assessment of BMD is recommended prior to initiating TRELEGY ELLIPTA and periodically thereafter. If significant reductions in BMD are seen and TRELEGY ELLIPTA is still considered medically important for that patient's COPD therapy, use of medication to treat or prevent osteoporosis should be strongly considered.

**Effect on Growth:** Inhaled corticosteroids may cause a reduction in growth velocity when administered to children and adolescents (see <u>10.3 Pharmacokinetics, Special Populations and Conditions</u>).

**Hypokalemia and Hyperglycemia:** Beta-adrenergic agonist medications may produce significant hypokalemia in some patients, which has the potential to produce adverse cardiovascular effects. The decrease in serum potassium is usually transient, not requiring supplementation. TRELEGY ELLIPTA should be used with caution in patients predisposed to low levels of serum potassium. In patients with severe COPD, hypokalemia may be potentiated by hypoxia and concomitant treatment (see <u>9 DRUG</u> INTERACTIONS), which may increase the susceptibility to cardiac arrhythmias.

Beta-agonist medications may produce transient hyperglycemia in some patients.

**Co-existing Conditions:** TRELEGY ELLIPTA, like all medications containing sympathomimetic amines, should be used with caution in patients with convulsive disorders or thyrotoxicosis and in those who are unusually responsive to sympathomimetic amines. Doses of the rapid onset, short-duration, beta<sub>2</sub>-adrenoceptor agonist salbutamol, when administered intravenously, have been reported to aggravate pre-existing diabetes mellitus and ketoacidosis.

# Hematologic

**Eosinophilic Conditions:** In rare cases, patients on inhaled corticosteroids may present with systemic eosinophilic conditions, with some patients presenting with clinical features of vasculitis consistent with eosinophilic granulomatosis with polyangiitis (EGPA), formerly known as Churg-Strauss syndrome, a condition that is often treated with systemic corticosteroid therapy. These events usually, but not always, have been associated with the reduction and/or withdrawal of oral corticosteroid therapy following the introduction of inhaled corticosteroids. Physicians should be alerted to eosinophilia, vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy presenting in their patients. A causal relationship between inhaled corticosteroids and these underlying conditions

has not been established.

#### Hepatic/Biliary/Pancreatic

**Hepatic Impairment:** TRELEGY ELLIPTA has not been studied in patients with hepatic impairment (see **<u>4.2 Recommended Dose and Dosage Adjustment, Hepatic Insufficiency</u>)**. Information on the individual components is provided below.

#### Fluticasone Furoate/Vilanterol

Fluticasone furoate systemic exposure increased by up to 3-fold in subjects with mild, moderate and severe hepatic impairment. Patients should be monitored for corticosteroid-related systemic effects. For patients with moderate to severe hepatic impairment, the 100/62.5/25 mcg dose should be used (see 10.3 Pharmacokinetics, Special Populations and Conditions, Hepatic Insufficiency). Hepatic impairment had no effect on vilanterol systemic exposure.

#### <u>Umeclidinium</u>

Subjects with moderate hepatic impairment (Child-Pugh score of 7-9) showed no relevant increase in systemic exposure to umeclidinium ( $C_{max}$  and AUC), and no relevant difference in protein binding between subjects with moderate hepatic impairment and healthy volunteers. Umeclidinium has not been evaluated in subjects with severe hepatic impairment.

#### **Hypersensitivity Reactions**

Hypersensitivity reactions such as anaphylaxis, angioedema, rash, and urticaria may occur after administration of TRELEGY ELLIPTA. If signs suggesting allergic reactions (in particular, difficulties in breathing or swallowing, swelling of tongue, lips and face, urticaria, skin rash) occur, discontinue TRELEGY ELLIPTA. The patient should NOT be re-challenged with TRELEGY ELLIPTA if this is identified as the cause of the hypersensitivity reaction (see <u>2 CONTRAINDICATIONS</u>).

There have been reports of anaphylactic reactions in patients with severe milk protein allergy after inhalation of other powder medications containing lactose; therefore, patients with severe milk protein allergy should not use TRELEGY ELLIPTA (see <u>2 CONTRAINDICATIONS</u>).

#### Immune

Patients who are using drugs that suppress the immune system are more susceptible to infections than healthy individuals. Chickenpox and measles, for example, can have a more serious or even fatal course in susceptible patients using corticosteroids. In such patients who have not had these diseases or been properly immunized, particular care should be taken to avoid exposure. If a patient is exposed to chickenpox, prophylaxis with varicella zoster immune globulin (VZIG) may be indicated. If a patient is exposed to measles, prophylaxis with pooled intramuscular immunoglobulin (IG) may be indicated. If chickenpox develops, treatment with antiviral agents may be considered.

It is important that even mild chest infections be treated immediately since COPD patients may be more susceptible to damaging lung infections than healthy individuals. Patients should be instructed to contact their physician as soon as possible if they suspect an infection.

Physicians should recommend that patients receive an annual influenza vaccination.

As with all medications containing a corticosteroid, TRELEGY ELLIPTA should be administered with caution, and only if necessary, in patients with active or quiescent tuberculosis infections of the respiratory tract; chronic or untreated infections such as systemic fungal, bacterial, viral, or parasitic; or ocular herpes simplex.

# **Monitoring and Laboratory Tests**

Potentially serious hypokalemia has been observed with other beta-agonist therapies, which may increase susceptibility to cardiac arrhythmias. It is therefore recommended that serum potassium levels be monitored in patients predisposed to low levels of serum potassium.

Due to the hyperglycemic effect observed with other beta-agonists, additional blood glucose monitoring is recommended in diabetic patients.

For patients at risk, monitoring of bone and ocular effects (cataract, glaucoma, and central serous chorioretinopathy) should also be considered in patients receiving maintenance therapy with TRELEGY ELLIPTA.

Patients with hepatic impairment should be monitored for corticosteroid effects due to potentially increased systemic exposure of fluticasone furoate.

#### Ophthalmologic

Glaucoma and increased intraocular pressure have been reported in patients following the long-term administration of inhaled corticosteroids or with use of inhaled anticholinergics. Cataracts have also been reported in patients following the long-term administration of inhaled corticosteroids.

Long-term administration of inhaled corticosteroids may result in central serous chorioretinopathy (CSCR).

TRELEGY ELLIPTA, like other antimuscarinic-containing products, should be used with caution in patients with narrow-angle glaucoma. Prescribers and patients should also be alert for signs and symptoms of acute narrow-angle glaucoma (e.g., eye pain or discomfort, blurred vision, visual halos or colored images in association with red eyes from conjunctival congestion and corneal edema). Instruct patients to consult a healthcare professional immediately if any of these signs or symptoms develops.

Close monitoring is warranted in patients with a change in vision or with a history of increased intraocular pressure, narrow- or open-angle glaucoma, cataracts, and/or CSCR.

#### Renal

TRELEGY ELLIPTA, like other antimuscarinic-containing products, should be used with caution in patients with urinary retention. Prescribers and patients should be alert for signs and symptoms of urinary retention (e.g., difficulty passing urine, painful urination), especially in patients with prostatic hyperplasia or bladder-neck obstruction. Instruct patients to consult a healthcare professional immediately if any of these signs or symptoms develops.

#### Respiratory

**Paradoxical Bronchospasm:** As with other inhalation therapies, paradoxical bronchospasm may occur with an immediate increase in wheezing after dosing, and may be life-threatening. This should be treated immediately with a rapid onset, short duration inhaled bronchodilator such as salbutamol. Treatment with TRELEGY ELLIPTA should be discontinued immediately, the patient assessed and alternative therapy instituted if necessary.

# Pneumonia:

**COPD:** In line with the known class effect of inhaled corticosteroids, pneumonia events (including pneumonias resulting in hospitalization) were observed in patients with COPD receiving TRELEGY ELLIPTA. In some instances, fatal events of pneumonia have been reported with use of inhaled corticosteroid fluticasone furoate-containing drugs, including TRELEGY ELLIPTA (see <u>8 ADVERSE</u> <u>REACTIONS</u>). Physicians should remain vigilant for the possible development of pneumonia in patients with COPD, as the clinical features of such infections overlap with the symptoms of COPD exacerbations. Risk factors for pneumonia in patients with COPD receiving inhaled corticosteroid-containing drugs include current smokers, patients with a history of prior pneumonia, patients with low body mass index and patients with severe COPD. These factors should be considered when TRELEGY ELLIPTA is prescribed, and treatment should be re-evaluated if pneumonia occurs.

There is no conclusive clinical evidence for intra-class differences in the magnitude of the pneumonia risk among inhaled corticosteroid products.

**Asthma:** An increased incidence of pneumonia in patients with asthma receiving higher doses of TRELEGY ELLIPTA cannot be excluded. This is based on clinical experience with fluticasone furoate/vilanterol, where there was a trend toward an increased risk of pneumonia for fluticasone furoate/vilanterol 200/25 mcg compared with fluticasone furoate/vilanterol 100/25 mcg and placebo.

# 7.1 Special Populations

# 7.1.1 Pregnant Women

There are no adequate and well-controlled studies with TRELEGY ELLIPTA or the individual components, fluticasone furoate, umeclidinium and vilanterol, in pregnant women. Corticosteroids and beta<sub>2</sub>- agonists have been shown to be teratogenic in laboratory animals when administered systemically at relatively low dosage levels. Because animal studies are not always predictive of human response, TRELEGY ELLIPTA should be used during pregnancy only if the potential benefit to the mother justifies the potential risk to the fetus. Women should be advised to contact their physician if they become pregnant while taking TRELEGY ELLIPTA.

**Use in Labour and Delivery:** There are no adequate and well-controlled human studies that have investigated the effects of TRELEGY ELLIPTA or the individual components, fluticasone furoate, umeclidinium and vilanterol, during labour and delivery. Because beta-agonists may potentially interfere with uterine contractility, TRELEGY ELLIPTA should be used during labour only if the potential benefit justifies the potential risk.

# 7.1.2 Breast-feeding

It is not known whether fluticasone furoate, umeclidinium or vilanterol are excreted in human breast milk. However, other corticosteroids and beta<sub>2</sub>-agonists have been detected in human milk. Furthermore, other muscarinic antagonists (including metabolites) are excreted into the milk of lactating rats. A risk to breastfed newborns/infants cannot be excluded. Therefore, the use of TRELEGY ELLIPTA by breast-feeding women should only be considered if the expected benefit to the woman is greater than any possible risk to the infant.

# 7.1.3 Pediatrics

**Pediatrics (<18 years of age):** TRELEGY ELLIPTA is not indicated for use in children and therefore should not be used in patients under 18 years of age (see <u>4.2 Recommended Dose and Dosage Adjustment</u>, <u>Pediatrics</u>).

# 7.1.4 Geriatrics

Geriatrics (≥65 years of age): Based on the available data, there is no need to adjust the dose in elderly patients, but greater sensitivity of some older individuals cannot be ruled out (see <u>4.2 Recommended</u> <u>Dose and Dosage Adjustment, Geriatrics</u>).

# 8 ADVERSE REACTIONS

# 8.1 Adverse Reaction Overview

The overall safety profile of TRELEGY ELLIPTA was generally consistent with the known pharmacologic class effects of ICSs, LAMAs and/or LABAs. In trials in adult subjects with COPD or asthma, the most common adverse reaction was nasopharyngitis (see **8.2 Clinical Trial Adverse Reactions**).

# 8.2 Clinical Trial Adverse Reactions

Clinical trials are conducted under very specific conditions. The adverse reaction rates observed in the clinical trials; therefore, may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse reaction information from clinical trials may be useful in identifying and approximating rates of adverse drug reactions in real-world use.

#### **Clinical Trial Adverse Reactions in Subjects with COPD**

The safety profile of TRELEGY ELLIPTA (ICS/LAMA/LABA) in subjects with COPD is based on data from two phase III clinical studies (CTT116853 and CTT116855).

Study CTT116853 included 911 patients with COPD who received TRELEGY ELLIPTA 100/62.5/25 mcg once daily for up to 24 weeks, of whom 210 patients received TRELEGY ELLIPTA 100/62.5/25 mcg once daily for up to 52 weeks, during a phase III clinical study versus an active comparator (ICS/LABA) administered twice daily (see Table 3).

Study CTT116855 included 4,151 patients with COPD who received TRELEGY ELLIPTA 100/62.5/25 mcg once daily for up to 52 weeks during a phase III clinical study versus one of two active comparators (ICS/LABA or LAMA/LABA) (see Table 4).

Adverse reactions detected during these clinical trials are listed by MedDRA system organ class.

System Organ Class Preferred term	TRELEGY ELLIPTA 100/62.5/25 mcg N = 911 n (%) 24 weeks	ICS/LABA N = 899 n (%) 24 weeks	TRELEGY ELLIPTA 100/62.5/25 mcg N = 210 n (%) 52 weeks	ICS/LABA N = 220 n (%) 52 weeks
Infections and Infestations				
Nasopharyngitis	64 (7)	43 (5)	23 (11)	22 (10)
Upper respiratory tract infection	20 (2)	19 (2)	6 (3)	10 (5)
Pneumonia	19 (2)	7 (<1)	4 (2)	4 (2)
Pharyngitis	15 (2)	9 (1)	5 (2)	1 (<1)
Rhinitis	10 (1)	11 (1)	3 (1)	5 (2)
Influenza	10 (1)	8 (<1)	2 (<1)	0
Viral respiratory tract infection	2 (<1)	4 (<1)	3 (1)	3 (1)
Nervous system disorders				
Headache	44 (5)	53 (6)	17 (8)	22 (10)
Musculoskeletal and				
connective tissue disorders				
Back pain	19 (2)	18 (2)	4 (2)	5 (2)
Arthralgia	17 (2)	13 (1)	5 (2)	6 (3)
Respiratory, thoracic, and mediastinal disorders				
Cough	10 (1)	10 (1)	3 (1)	3 (1)
Oropharyngeal pain	9 (<1)	10 (1)	6 (3)	1 (<1)

Table 3Adverse Reactions with ≥1% Incidence with TRELEGY ELLIPTA following 24 Weeks and 52<br/>Weeks of Treatment in Study CTT116853

System Organ Class Preferred term	TRELEGY ELLIPTA 100/62.5/25 mcg N = 4,151 n (%)	ICS/LABA N = 4,134 n (%)	LAMA/LABA N = 2,070 n (%)
Gastrointestinal Disorders			
Constipation	65 (2)	63 (2)	16 (<1)
Infections and Infestations			
Upper respiratory tract infection	299 (7)	283 (7)	117 (6)
Pneumonia	298 (7)	264 (6)	93 (4)
Oral candidiasis	161 (4)	146 (4)	41 (2)
Bronchitis	152 (4)	130 (3)	73 (4)
Influenza	117 (3)	102 (2)	50 (2)
Sinusitis	104 (3)	98 (2)	45 (2)
Urinary Tract Infection	92 (2)	86 (2)	35 (2)
Pharyngitis	82 (2)	81 (2)	48 (2)
Rhinitis	89 (2)	69 (2)	33 (2)
Musculoskeletal and connective			
tissue disorders			
Back pain	148 (4)	140 (3)	83 (4)
Arthralgia	122 (3)	86 (2)	46 (2)
Nervous system disorders			
Headache	233 (6)	198 (5)	103 (5)
Respiratory, thoracic, and			
mediastinal disorders			
Cough	145 (3)	117 (3)	58 (3)
Oropharyngeal pain	99 (2)	71 (2)	39 (2)

# Table 4Adverse Reactions with ≥1% Incidence with TRELEGY ELLIPTA following up to 52 Weeks<br/>of Treatment in Study CTT116855

# Pneumonia

In study CTT116853, 1,810 patients with COPD with mean post-bronchodilator screening FEV<sub>1</sub> 45% of predicted, standard deviation [SD] 13%, and a history of exacerbations were treated with TRELEGY ELLIPTA 100/62.5/25 mcg or an active comparator (ICS/LABA). There was a higher incidence of pneumonia events reported up to 24 weeks in patients receiving TRELEGY ELLIPTA 100/62.5/25 mcg (2%) than in patients receiving ICS/LABA (<1%). Pneumonia which required hospitalization occurred in 1% of patients receiving TRELEGY ELLIPTA 100/62.5/25 mcg and <1% of patients receiving ICS/LABA up to 24 weeks. One fatal case of pneumonia was reported in a patient who received TRELEGY ELLIPTA 100/62.5/25 mcg. In the subset of 430 patients treated for up to 52 weeks, the incidence of pneumonia events reported in both TRELEGY ELLIPTA 100/62.5/25 mcg and the ICS/LABA arms was equal at 2%.

In study CTT116855, 10,355 patients with COPD with mean post-bronchodilator screening FEV<sub>1</sub> 46% of predicted, SD 15%, and a history of 1 or more moderate or severe exacerbations within the prior 12 months were treated with TRELEGY ELLIPTA 100/62.5/25 mcg or one of two active comparators (ICS/LABA or LAMA/LABA) up to 52 weeks. The incidence of pneumonia (adverse events of special interest) was 8% for TRELEGY ELLIPTA 100/62.5/25 mcg, 7% for ICS/LABA, and 5% for LAMA/LABA. Fatal pneumonia occurred in 12 of 4,151 patients (3.5 per 1,000 patient-years) receiving TRELEGY ELLIPTA

100/62.5/25 mcg, 5 of 4,134 patients (1.7 per 1,000 patient-years) receiving ICS/LABA, and 5 of 2,070 patients (2.9 per 1,000 patient-years) receiving LAMA/LABA.

# **Clinical Trial Adverse Reactions in Subjects with Asthma**

The safety profile of TRELEGY ELLIPTA (ICS/LAMA/LABA) in adult subjects with asthma is based on one Phase III clinical study (205715) with a variable treatment duration of 24 to 52 weeks.

Study 205715 included 814 adult subjects with asthma who received TRELEGY ELLIPTA 100/62.5/25 mcg or 200/62.5/25 mcg once daily for up to 52 weeks versus an active comparator (fluticasone furoate/vilanterol) administered once daily (see Table 5). Adverse reactions observed for the groups treated with TRELEGY ELLIPTA were similar to those observed for the fluticasone furoate/vilanterol arms.

Adverse reactions detected during study 205715 are listed by MedDRA system organ class.

	TRELEGY ELLIPTA	TRELEGY ELLIPTA	FF/VI	FF/VI
System Organ Class	200/62.5/25 mcg	100/62.5/25 mcg	200/25 mcg	100/25 mcg
Preferred term	N = 408	N = 406	N = 406	N = 407
	n (%)	n (%)	n (%)	n (%)
Infections and Infestations				
Nasopharyngitis	51 (13)	60 (15)	53 (13)	63 (15)
Upper respiratory tract	19 (5)	15 (4)	13 (3)	21 (5)
infection				
Bronchitis	22 (5)	15 (4)	19 (5)	14 (3)
Viral respiratory tract infection	9 (2)	10 (2)	7 (2)	11 (3)
Sinusitis	12 (3)	6 (1)	9 (2)	9 (2)
Viral upper respiratory	9 (2)	6 (1)	11 (3)	6 (1)
tract infection				
Pharyngitis	9 (2)	9 (2)	14 (3)	8 (2)
Urinary tract infection	7 (2)	3 (<1)	1 (<1)	5 (1)
Rhinitis	6 (1)	10 (2)	8 (2)	11 (3)
Influenza	6 (1)	15 (4)	9 (2)	13 (3)
Pneumonia	4 (<1)	5 (1)	7 (2)	7 (2)
Respiratory tract	4 (<1)	6 (1)	3 (<1)	6 (1)
infection				
Nervous system disorders				
Headache	19 (5)	36 (9)	23 (6)	30 (7)
Musculoskeletal and				
connective tissue disorders				
Back pain	9 (2)	13 (3)	6 (1)	16 (4)
Respiratory, thoracic, and				
mediastinal disorders				
Oropharyngeal pain	6 (1)	6 (1)	4 (<1)	4 (<1)
Cough	6 (1)	3 (<1)	6 (1)	5 (1)
Dysphonia	6 (1)	6 (1)	8 (2)	5 (1)

Table 5Adverse Reactions with ≥1% Incidence with TRELEGY ELLIPTA following up to 52Weeks of Treatment in Study 205715

FF/VI = Fluticasone Furoate/Vilanterol

#### Pneumonia

The incidence of pneumonia events requiring hospitalisation was similar in the TRELEGY ELLIPTA and fluticasone furoate/vilanterol groups (<1% for all groups). There were no fatal pneumonia events.

# 8.3 Less Common Clinical Trial Adverse Reactions

# COPD

In addition to adverse reactions reported in Table 3 and Table 4, adverse reactions occurring at a rate of less than 1% in subjects with COPD receiving TRELEGY ELLIPTA included:

Cardiac disorders: supraventricular tachyarrhythmias, tachycardia, atrial fibrillation

Gastrointestinal Disorders: dry mouth Infections and infestations: oropharyngeal candidiasis Musculoskeletal and connective tissue disorders: fractures Respiratory, thoracic, and mediastinal disorders: dysphonia

# Asthma

In addition to adverse reactions reported in Table 5, adverse reactions occurring at a rate of less than 1% in subjects with asthma receiving TRELEGY ELLIPTA included:

Cardiac disorders: supraventricular tachyarrhythmias, tachycardia, atrial fibrillation

Gastrointestinal disorders: constipation, dry mouth

Infections and infestations: candidiasis of mouth and throat

Musculoskeletal and connective: arthralgia, fractures

Nervous system disorders: dysgeusia

#### 8.5 Post-Market Adverse Reactions

The following relevant adverse reactions have been identified from post-approval use of TRELEGY ELLIPTA. Because these reactions are reported voluntarily from a population of uncertain size, it is not possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

**Immune System Disorders:** hypersensitivity reactions including anaphylaxis, angioedema, urticaria and rash

Eye Disorders: vision blurred, glaucoma, eye pain

Renal and Urinary Disorders: urinary retention, dysuria

# 9 DRUG INTERACTIONS

#### 9.2 Drug Interactions Overview

#### **Drugs Known to Prolong the QTc Interval**

As with other beta<sub>2</sub>-adrenergic agonists, TRELEGY ELLIPTA should be administered with caution to patients treated with monoamine oxidase inhibitors, tricyclic antidepressants, or drugs known to prolong the QT interval, as any effect of these on the QT interval may be potentiated. Drugs known to prolong the QT-interval may increase the risk of ventricular arrhythmia (see <u>7 WARNINGS AND</u> <u>PRECAUTIONS</u> and <u>10 CLINICAL PHARMACOLOGY</u>).

#### Sympathomimetic Agents

Concomitant administration of other sympathomimetic agents (alone or as part of combination therapy) may potentiate the undesirable effects of TRELEGY ELLIPTA (see <u>7 WARNINGS AND</u> <u>PRECAUTIONS</u>).

#### Treatments Leading to Hypokalaemia

Beta-agonists have been associated with reductions in serum potassium levels. Concomitant treatment with xanthine derivatives, oral corticosteroids (e.g., prednisone), or non-potassium sparing diuretics may potentiate any hypokalemic effect of adrenergic agonists (see <u>7 WARNINGS AND PRECAUTIONS</u>, <u>Endocrine and Metabolism</u>, <u>Hypokalemia and Hyperglycemia</u>).

# **Beta-Adrenergic Blockers**

Beta-adrenergic blockers may weaken or antagonize the effect of beta<sub>2</sub>-adrenergic agonists, such as vilanterol. Therefore, TRELEGY ELLIPTA should not be given together with beta-adrenergic blockers (including eye-drops) unless there are compelling reasons for their use. In this setting, cardioselective beta-blockers could be considered, although they should be administered with caution.

### Metabolic and transporter based drug interactions

Fluticasone furoate and vilanterol are both substrates of CYP3A4.

Co-treatment of fluticasone furoate with CYP3A4 inhibitors is expected to increase the risk of systemic side effects (see Table 6). Co-administration should be avoided unless the benefit outweighs the increased risk of systemic corticosteroid side effects, in which case patients should be monitored for systemic corticosteroid side effects.

Co-administration of repeat dose ketoconazole (a strong CYP3A4 inhibitor and P-gp inhibitor) with fluticasone furoate/vilanterol 200/25 mcg resulted in increased mean fluticasone furoate  $AUC_{(0-24)}$  and  $C_{max}$  by 36% and 33%, respectively, and increased mean vilanterol  $AUC_{(0-t')}$  and  $C_{max}$  by 65% and 22%, respectively. The increase in fluticasone furoate exposure was associated with a 27% reduction in weighted mean serum cortisol (0 to 24 hours). The increase in vilanterol exposure was not associated with an increase in beta-agonist-related systemic effects on heart rate or blood potassium but was associated with a slight increase in QTCF interval. Administration of inhaled vilanterol 25 mcg alone with ketoconazole 400 mg resulted in a 1.9-fold increase in vilanterol systemic exposure as measured by  $AUC_{(0-t)}$ , but there was no change in  $C_{max}$ . The increase in AUC was not associated with effects on heart rate, blood potassium, and QTCF. Therefore, caution is required with the co-administration of TRELEGY ELLIPTA and ketoconazole or other potent CYP3A4 inhibitors.

Umeclidinium is a substrate of CYP2D6; however, umeclidinium pharmacokinetics were not significantly affected in a population of CYP2D6 poor metabolizers (<u>10.3 Pharmacokinetics</u>).

Fluticasone furoate, umeclidinium and vilanterol are substrates of P-glycoprotein (P-gp). The effect of the moderate P-gp transporter inhibitor verapamil (240 mg once daily) on the steady-state pharmacokinetics of umeclidinium and vilanterol administered together and umeclidinium administered alone was assessed in healthy volunteers. An approximately 1.4-fold increase in umeclidinium AUC was observed with no effect on vilanterol AUC. No effect of verapamil was observed on umeclidinium or vilanterol C<sub>max</sub>. A decrease in blood potassium, an increase in QTc interval and an increased number of supraventricular tachycardia events occurred with co-administration with verapamil. No P-gp inhibitor drug interaction studies have been conducted with fluticasone furoate alone or in combination with vilanterol.

# 9.4 Drug-Drug Interactions

The drugs listed in this table are based on either drug interaction case reports or studies, or potential interactions due to the expected magnitude and seriousness of the interaction (i.e., those identified as contraindicated).

### Table 6 Established or Potential Drug-Drug Interactions

Drug Type	Source of Evidence	Effect	Clinical comment
CYP3A4 inhibitors	СТ	May inhibit the metabolism of, and increase the systemic exposure to, fluticasone furoate and vilanterol.	Caution should be exercised when considering co-administration with ketoconazole and other known strong CYP3A4 inhibitors (e.g., itraconazole, voriconazole, ritonavir, indinavir, lopinavir, nelfinavir, saquinavir, clarithromycin, atazanavir, cobicistat-containing products).
Inhibitors of P-gp	СТ	May alter the systemic exposure to umeclidinium and vilanterol resulting in pharmacodynamics effects.	An approximately 1.4-fold increase in umeclidinium AUC was observed with no effect on vilanterol AUC. No effect of verapamil was observed on umeclidinium or vilanterol C <sub>max</sub> . No dose adjustment is warranted. Drug interaction studies with a specific P-gp inhibitor and fluticasone furoate (alone or in combination with vilanterol) have not been conducted.
Sympathomimetic agents	Т	Potential pharmacodynamics interaction (additive pharmacologic and adverse effects)	Caution is recommended for concomitant use with sympathomimetic agents administered by any route.
Drugs that prolong the QTc interval Monoamine Oxidase Inhibitors and Tricyclic Antidepressants	Т	May result in potentiation of cardiovascular effects of adrenergic agonists with drugs that are known to prolong the QTc interval (increased risk of ventricular arrhythmias).	Caution is recommended for concomitant therapy.
Beta-Adrenergic Receptor Blocking Agents (including ophthalmic agents)	Т	Beta-blockers not only block the pulmonary effect of beta- agonists, such as vilanterol, but may also produce severe bronchospasm in patients with COPD or asthma.	If concomitant therapy is required cardioselective beta-blockers could be considered, although they should be administered with caution.

Non-Potassium-Sparing Diuretics (i.e., loop or thiazide diuretics)	Т	ECG changes and/or hypokalemia can be acutely worsened by beta-agonists, especially when the recommended dose of beta-agonist is exceeded.	Although the clinical significance of these effects is not known, caution is advised in the co-administration of beta-agonists with non- potassium-sparing diuretics.
Anticholinergics	Т	There is potential for an additive interaction with concomitantly used anticholinergic medications.	Avoid co-administration with other anticholinergic-containing drugs.
CYP2D6 inhibitors	Т	May alter systemic exposure to umeclidinium resulting in pharmacodynamics effects.	Umeclidinium pharmacokinetics were not significantly affected in a population of CYP2D6 poor metabolizers. No dose adjustment is warranted.
Xanthine derivatives	Т	Potential pharmacodynamic interaction (increased risk of hypokalemia)	Use with caution in conjunction with beta-agonists.
Acetylsalicylic acid	Т		Use with caution in conjunction with corticosteroids in hypoprothrombinemia.

Legend: CT = Clinical Trial; T = Theoretical

# 9.5 Drug-Food Interactions

Interactions with food have not been evaluated. No clinically relevant effect of food would be expected and therefore a food interaction study was not performed.

# 9.6 Drug-Herb Interactions

Interactions with herbal products have not been evaluated.

# 9.7 Drug-Laboratory Test Interactions

Interactions with herbal products have not been evaluated.

# **10 CLINICAL PHARMACOLOGY**

#### 10.1 Mechanism of Action

TRELEGY ELLIPTA contains fluticasone furoate, umeclidinium, and vilanterol. The mechanisms of action described below for the individual components apply to TRELEGY ELLIPTA. These drugs represent three different classes of medications, each having different effects on clinical and physiological indices.

**Fluticasone Furoate:** Fluticasone furoate is a synthetic trifluorinated corticosteroid with potent, local, anti-inflammatory activity. The precise mechanism through which fluticasone furoate affects COPD and asthma symptoms is not known. Inflammation is an important component in the pathogenesis of COPD and asthma. Corticosteroids have been shown to have a wide range of actions on multiple cell types (e.g., mast cells, eosinophils, neutrophils, basophils, macrophages, lymphocytes) and mediators (e.g., histamine, eicosanoids, leukotrienes, cytokines) involved in inflammation. Specific effects of fluticasone furoate demonstrated in *in vitro* and *in vivo* models included activation of the glucocorticoid response element, inhibition of pro-inflammatory transcription factors such as NFkB resulting in inhibition of pro-inflammatory actions of antigen-induced lung eosinophilia in sensitized rats. These anti-inflammatory actions of corticosteroids may contribute to their efficacy.

Fluticasone furoate has been shown *in vitro* to exhibit a binding affinity for the human glucocorticoid receptor that is approximately 29.9 times that of dexamethasone and 1.7 times that of fluticasone propionate. Although fluticasone furoate is structurally related to fluticasone propionate, they are distinct chemical entities and do not share common metabolites. *In vitro* studies have shown that translocation of the glucocorticoid receptor into the cell nucleus (essential for anti-inflammatory activity) is both more rapid and more prolonged with fluticasone furoate compared with fluticasone propionate. Nuclear localization of the glucocorticoid receptor was observed at 30 hours post-exposure with fluticasone furoate but not with fluticasone propionate. The clinical relevance of these findings is unknown.

**Umeclidinium:** Umeclidinium is a long-acting muscarinic antagonist (LAMA) [also referred to as a longacting anticholinergic (LAAC)]. It is a quinuclidine derivative that is a muscarinic receptor antagonist with activity across multiple muscarinic cholinergic receptor subtypes. Umeclidinium exerts its 24-hour bronchodilatory activity by competitively inhibiting the binding of acetylcholine with muscarinic acetylcholine receptors on airway smooth muscle. It demonstrates slow reversibility at the human M3 muscarinic receptor subtype *in vitro* and a long duration of action *in vivo* when administered directly to the lungs in pre-clinical models.

**Vilanterol:** Vilanterol is a selective high-affinity long acting beta<sub>2</sub>-agonist (LABA), with bronchodilatory effects maintained for 24-hours. The pharmacologic effects of beta<sub>2</sub>-agonists, including vilanterol, are at least in part attributable to stimulation of intracellular adenylate cyclase, the enzyme that catalyzes the conversion of adenosine triphosphate (ATP) to cyclic-3',5'-adenosine monophosphate (cyclic AMP). Increased cyclic AMP levels cause relaxation of bronchial smooth muscle and inhibition of release of mediators of immediate hypersensitivity from cells, especially from mast cells. Although beta<sub>2</sub>-receptors are the predominant adrenergic receptors in bronchial smooth muscle and beta<sub>1</sub>-receptors are the predominant receptors in the heart, there are also beta<sub>2</sub>-receptors in the human heart comprising 10% to 50% of the total beta-adrenergic receptors. The precise function of these receptors has not been established, but they raise the possibility that even highly selective beta<sub>2</sub>-agonists may have cardiac effects.

# 10.2 Pharmacodynamics

# Time to Onset of Action

In a study of TRELEGY ELLIPTA (fluticasone furoate/umeclidinium/vilanterol) 100/62.5/25 mcg once daily, serial spirometry measures were obtained from a subgroup of 203 subjects with COPD. On Day 1, 49% of subjects achieved an increase of ≥100 mL over baseline FEV<sub>1</sub> at 15 minutes (time of first serial spirometry sample). Median time to onset of action was 26 minutes.

### **HPA Axis Effects**

Effects on HPA-axis function are known to occur with systemic administration of corticosteroids and this systemic side effect has also been reported with inhaled and intranasal corticosteroid use.

Based on both clinical pharmacology and clinical data, inhaled fluticasone furoate at repeat doses up to 400 mcg was not consistently associated with statistically significant decreases in serum or urinary cortisol in healthy subjects. At higher doses, above the therapeutic range, corticosteroid class-related decreases in serum and urine cortisol levels were observed. In line with the increased fluticasone furoate systemic exposure, serum cortisol was reduced by approximately a third in subjects with moderate hepatic impairment after fluticasone furoate/vilanterol 200/25 mcg administration and a similar effect would be anticipated in subjects with severe hepatic impairment at this dose.

# **Class-Related Beta<sub>2</sub>-Adrenoceptor Systemic Effects**

Class-related systemic effects that are known to occur with systemic administration of beta-agonists include hypokalaemia, hyperglycaemia, and increases in blood pressure, heart rate and the QTc interval. Following inhaled administration these effects are limited by local topical administration in the lung, low clinical doses and first pass metabolism of the swallowed portion of the dose and also tended to diminish on repeat dosing.

The clinical pharmacology data indicate that vilanterol 25 mcg is not associated with clinically significant class-related beta<sub>2</sub>-adrenoceptor systemic effects. Vilanterol, administered either alone or in combination with fluticasone furoate at doses up to 50 mcg was not associated with clinically relevant or statistically significant effects on blood potassium or blood glucose. Vilanterol 100 mcg was associated with a small decrease in blood potassium (approximately ≤0.1 mmol/L) and a small increase in blood glucose (approximately <1 mmol/L). Vilanterol at doses up to 100 mcg was not consistently associated with clinically relevant or statistically significant effects on blood pressure. Where PD effects were seen, there was no evidence of an increased effect with repeat dosing while some effects showed signs of diminishing.

#### **Cardiovascular Effects**

#### Fluticasone Furoate/Umeclidinium/Vilanterol: The effect of fluticasone

furoate/umeclidinium/vilanterol on the QT interval has not been evaluated in a thorough QT (TQT) study.

No clinically relevant effects on the QTc interval were observed on review of centrally read ECGs from 766 subjects with asthma exposed to TRELEGY ELLIPTA for up to 24 weeks, or in a subset of 178 subjects exposed for up to 52 weeks.

No clinically relevant effects on the QTc interval were observed on review of centrally read ECGs from 911 subjects with COPD exposed to fluticasone furoate/umeclidinium/vilanterol for up to 24 weeks, or in a subset of 210 subjects exposed for up to 52 weeks.

The effect of TRELEGY ELLIPTA on cardiac rhythm in subjects diagnosed with COPD was assessed using 24-hour Holter monitoring in a subset of subjects in a 24-week active comparator study: 212 subjects receiving TRELEGY ELLIPTA for 24 weeks were assessed. No clinically meaningful effects on cardiac rhythm were observed following 24 weeks of treatment.

**Fluticasone Furoate/Vilanterol:** The effect of fluticasone furoate/vilanterol on ECG parameters was investigated in 85 healthy subjects in a double-blind, randomised, placebo- and active- controlled, 4-way crossover study. Fluticasone furoate/vilanterol 200/25 mcg and fluticasone furoate/vilanterol 800/100 mcg were administered once daily for 7 days. The fluticasone furoate/vilanterol dose represented up to 4 times the recommended dose of vilanterol in fluticasone furoate/vilanterol, and a 10 or 12-fold higher vilanterol systemic exposure than seen in patients with asthma and COPD, respectively.

Increases in the QTcF interval were observed that were maximal at 30 min post-dosing. At the 30 min time point, the placebo-adjusted mean changes from baseline in the QTcF interval (ms) were 4.5 (90% CI: 2.1, 6.9) in the fluticasone furoate/vilanterol 200/25 mcg treatment arm and 9.6 (90% CI: 7.2, 12.0) in the fluticasone furoate/vilanterol 800/100 mcg treatment arm.

# Figure 1QTcF Treatment Differences From Placebo: Adjusted Mean Change (and 90% CI) from<br/>Baseline by Time (0-24H) on Day 7 – All Subjects Population (FF/VI data only;<br/>manually read ECGs)



\*QTcF=QT/RR0.33

Increases in heart rate were observed that were maximal at 10 min. At the 10 min time point, the placebo-adjusted mean change from baseline in heart rate (bpm) was 7.6 (90% CI: 6.3, 8.9) in the fluticasone furoate/vilanterol 200/25 mcg treatment arm and 17.0 (90% CI: 15.7, 18.3) in the fluticasone furoate/vilanterol 800/100 mcg treatment arm.





Umeclidinium/Vilanterol: The effect of umeclidinium/vilanterol on ECG parameters was investigated in 103 healthy subjects in a double-blind, randomized, placebo- and active- controlled, incomplete block, crossover study. Umeclidinium alone at a dose of 500 mcg and umeclidinium/vilanterol at supratherapeutic doses of 125/25 mcg (2X/1X therapeutic dose) and 500/100 mcg (8X/4X therapeutic dose) were studied once daily for 10 days.

Increases in the QTcF interval were observed that were maximal at 10 min (umeclidinium/vilanterol 125/25 mcg) and 30 min (umeclidinium/vilanterol 500/100 mcg) post-dosing. The maximal placeboadjusted mean change in the QTcF interval was 4.3 ms (90% CI: 2.2, 6.4) at 10 min for the 125/25 mcg dose and 8.2 ms (90% CI: 6.2, 10.2) at 30 min for the 500/100 mcg dose.

Umeclidinium 500 mcg alone was not associated with QTc prolongation.



Figure 3 Differences from Placebo (and 90% CIs) in Adjusted Mean Change from Baseline in QTcF (ms) by Time on Day 10 (manually read ECGs)

\*QTcF=QT/RR0.33

A dose-dependent increase in heart rate was also observed with the administration of umeclidinium/vilanterol. The maximum mean difference in heart rate from placebo after baseline-correction was 8.4 (90% CI: 7.0, 9.8) beats/min and 20.3 (90% CI: 18.9, 21.7) beats/min seen 10 minutes after dosing for umeclidinium/vilanterol 125/25 mcg and umeclidinium/vilanterol 500/100 mcg, respectively.

Umeclidinium 500 mcg was associated with small positive mean differences from placebo in heart rate from 4 to 24 h, inclusive, with a maximum mean difference of 2.1 bpm (90% CI: 0.7, 3.5) at 8 h.

Figure 4 Differences from Placebo (and 90% CIs) in Adjusted Mean Change from Baseline in Heart Rate (bpm) by Time on Day 10 (manually read ECGs)



# Additional trials

Studies 200109 and 200110 were 12-week randomized, double-blind, parallel-group studies of umeclidinium 62.5 mcg + fluticasone furoate/vilanterol 100/25 mcg once-daily compared to placebo + fluticasone furoate/vilanterol 100/25 mcg. The primary endpoint was change from baseline in trough (predose) FEV<sub>1</sub> at Day 85 (defined as the mean of the FEV<sub>1</sub> values obtained at 23 and 24 hours after the previous dose on Day 84).

The results showed that patients treated with umeclidinium 62.5 mcg + fluticasone furoate/vilanterol 100/25 mcg had statistically significant greater mean changes from baseline in trough  $FEV_1$  relative to placebo + fluticasone furoate/vilanterol 100/25 mcg (124 mL, 95% CI: 93-154 mL; 122 mL 95% CI: 91-152 mL).

#### **10.3** Pharmacokinetics

The systemic pharmacokinetics of the components of TRELEGY ELLIPTA 100/62.5/25 mcg was assessed in 43 healthy subjects. Four inhalations of fluticasone furoate/umeclidinium/vilanterol 100/62.5/25 mcg were administered as a single dose (see Table 7).

# Table 7Fluticasone Furoate, Umeclidinium and Vilanterol Pharmacokinetic Parameters in<br/>Healthy Subjects<sup>a</sup>

Fluticasone furoate/umeclidinium/vilanterol 100/62.5/25 mcg single dose (4 inhalations)	T <sub>max</sub> (h) Median (range)	t½ (h) Geometric Mean (CV%)	C <sub>max</sub> (pg/mL) Geometric Mean [95% CI]	AUC <sub>(0-t)</sub> (pg.h/mL) Geometric Mean (CV%)
Fluticasone Furoate 400 mcg	0.250	Not available	81.07	607.3
	(0.05, 2.00)		[72.19, 91.05]	(49.9)
Umeclidinium 250 mcg	0.08	2.275	539.47	322.5
	(0.05, 0.12)	(31.6) <sup>b</sup>	[443.06, 656.86]	(45.6)
Vilanterol 100 mcg	0.12	4.804	637.53	488.3
	(0.08, 0.17)	(65.9) <sup>b</sup>	[580.17, 700.55]	(27.5)

<sup>a</sup> Pharmacokinetic parameters derived using non-compartmental analysis (NCA)

<sup>b</sup> Number of subjects for whom parameter is derived = 22 for umeclidinium and 20 for vilanterol

# COPD

Population PK analyses for TRELEGY ELLIPTA were conducted using a combined dataset from three phase III studies in 821 COPD subjects, including 413 subjects who received TRELEGY ELLIPTA 100/62.5/25 mcg. Steady state  $C_{max}$  and AUC<sub>0-24</sub> values of fluticasone furoate, umeclidinium and vilanterol following administration of TRELEGY ELLIPTA 100/62.5/25 mcg in one inhaler are presented in Table 8.

# Table 8Fluticasone Furoate, Umeclidinium and Vilanterol Pharmacokinetic Parameters in 413Subjects with COPD<sup>a</sup> (Geometric Mean [95% CI])

Fluticasone furoate/umeclidinium/vilanterol 100/62.5/25 mcg	C <sub>max</sub> (pg/mL)	AUC <sub>(0-24)</sub> (pg.h/mL)
Fluticasone Furoate 100 mcg	18.7 [18.0, 19.4]	230 [219, 242]
Umeclidinium 62.5 mcg	59.6 [56.9, 62.4]	405 [387, 424]
Vilanterol 25 mcg	67.4 [65.0, 70.0]	362 [348, 377]

<sup>a</sup> Pharmacokinetic parameters derived using population pk analysis

Covariate analysis showed higher fluticasone furoate apparent clearance (42%) when comparing fluticasone furoate/vilanterol to fluticasone furoate/umeclidinium/vilanterol; however, this is not considered clinically relevant.

# Asthma

The systemic pharmacokinetics of the components of TRELEGY ELLIPTA was assessed in subjects with asthma (1,265 subjects for fluticasone furoate; 634 subjects for umeclidinium; 1,263 subjects for vilanterol) via population PK approach. In these analyses, systemic drug levels (steady-state  $C_{max}$  and AUC<sub>0-24</sub>) of fluticasone furoate and vilanterol following fluticasone furoate/umeclidinium/vilanterol (100/62.5/25 mcg and 200/62.5/25 mcg) in one inhaler (triple combination) were within the range of those observed following administration of the dual combination of fluticasone furoate/vilanterol with respect to 100 mcg and 200 mcg fluticasone furoate doses. The systemic exposure of umeclidinium

62.5 mcg following fluticasone furoate/umeclidinium/vilanterol in one inhaler was within the range of those observed following administration of umeclidinium 62.5 mcg as monotherapy.

Steady state  $C_{max}$  and AUC<sub>0-24</sub> values of fluticasone furoate, umeclidinium and vilanterol following administration of TRELEGY ELLIPTA 100/62.5/25 mcg and 200/62.5/25 mcg in one inhaler are presented in Table 9.

	C <sub>max</sub> (pg/mL)	AUC <sub>(0-24)</sub> (pg.h/mL)	
Fluticasone furoate/umeclidinium/vilanterol 100/62.5/25 mcg			
Fluticasone Furoate 100 mcg	14.1 (13.5, 14.7)	225 (214, 236)	
Umeclidinium 62.5 mcg	35.6 (33.9, 37.3)	362 (348, 377)	
Vilanterol 25 mcg	63.0 (59.7, 66.5)	266 (250, 283)	
Fluticasone furoate/umeclidinium/vilanterol 200/62.5/25 mcg			
Fluticasone Furoate 200 mcg	30.6 (29.1, 32.2)	504 (474, 535)	
Umeclidinium 62.5 mcg	36.4 (34.2, 38.8)	363 (349, 378)	
Vilanterol 25 mcg	62.2 (59.0, 65.6)	281 (263, 300)	

# Table 9Summary of Fluticasone Furoate, Umeclidinium and Vilanterol (Cmax and AUC(0-24)) in<br/>Subjects with Asthma (Geometric Mean [95% CI])

# Absorption

**Fluticasone Furoate:** Following inhaled administration of fluticasone furoate/umeclidinium/vilanterol in healthy subjects, fluticasone furoate C<sub>max</sub> occurred at 15 minutes. The absolute bioavailability of fluticasone furoate when administrated as fluticasone furoate/vilanterol by inhalation was on average 15.2%, primarily due to absorption of the inhaled portion of the dose delivered to the lung, with negligible contribution from oral absorption. Following repeat dosing of inhaled fluticasone furoate/vilanterol, steady state was achieved within 6 days with up to 1.6-fold accumulation.

**Umeclidinium:** Following inhaled administration of fluticasone furoate/umeclidinium/vilanterol in healthy subjects, umeclidinium  $C_{max}$  occurred at 5 minutes. The absolute bioavailability of inhaled umeclidinium was on average 13%, with negligible contribution from oral absorption. Following repeat dosing of inhaled umeclidinium, steady state was achieved within 7 to 10 days with 1.5 to 2-fold accumulation.

**Vilanterol:** Following inhaled administration of fluticasone furoate/umeclidinium/vilanterol in healthy subjects, vilanterol  $C_{max}$  occurred at 7 minutes. The absolute bioavailability of inhaled vilanterol when administered as fluticasone furoate/vilanterol by inhalation was on average 27%, with negligible contribution from oral absorption. Following repeat dosing of inhaled fluticasone furoate/vilanterol, steady state was achieved within 6 days with up to 1.5-fold accumulation.

#### Distribution

**Fluticasone Furoate:** Following intravenous administration to healthy subjects, the mean volume of distribution at steady state was 661 L. The binding of fluticasone furoate to human plasma proteins was high (99.6%).

**Umeclidinium:** Following intravenous administration to healthy subjects, the mean volume of distribution was 86 L. *In vitro* plasma protein binding in human plasma was on average 89%.

**Vilanterol:** Following intravenous administration to healthy volunteers, the mean volume of distribution at steady state was 165 L. *In vitro* plasma protein binding in human plasma was on average 94%.

# Metabolism

**Fluticasone Furoate:** *In vitro* studies showed that fluticasone furoate is metabolised principally by CYP3A4 and is a substrate for the P-glycoprotein (P-gp) transporter. Fluticasone furoate is primarily metabolised through hydrolysis of the S-fluoromethyl carbothioate group to metabolites with significantly reduced corticosteroid activity. Systemic exposure to the metabolites is low.

**Umeclidinium:** *In vitro* studies showed that umeclidinium is metabolized principally by CYP2D6 and is a substrate for the P-gp transporter. The primary metabolic routes for umeclidinium are oxidative (hydroxylation, O-dealkylation) followed by conjugation (e.g., glucuronidation, etc.), resulting in a range of metabolites with either reduced pharmacological activity or for which the pharmacological activity has not been established. Systemic exposure to the metabolites is low.

**Vilanterol:** *In vitro* studies showed that vilanterol was metabolized principally via CYP3A4 and is a substrate for the P-gp transporter. The primary metabolic routes are O-dealkylation to a range of metabolites with significantly reduced beta<sub>1</sub>-and beta<sub>2</sub>-agonist activity. Plasma metabolic profiles following oral administration of vilanterol in a human radiolabel study were consistent with high first-pass metabolism. Systemic exposure to the metabolites is low.

#### Elimination

**Fluticasone Furoate:** Fluticasone furoate and its metabolites are eliminated primarily in the feces, accounting for approximately 101% and 90% of the orally and intravenously administered dose, respectively. Urinary excretion accounted for approximately 1% and 2% of the orally and intravenously administered doses, respectively. Following repeat-dose inhaled administration, the plasma elimination phase half-life averaged 24 hours.

**Umeclidinium:** Plasma clearance following intravenous administration was 151 L/hr. Following intravenous administration, approximately 58% of the administered radiolabeled dose (or 73% of the recovered radioactivity) was excreted in feces and 22% of the administered radiolabelled dose (27% of recovered radioactivity) in urine. The excretion of the drug-related material in the feces following intravenous dosing indicated secretion into the bile. Following oral administration to healthy male subjects, total radioactivity was excreted primarily in feces (92% of the administered radiolabelled dose). Less than 1% of the orally administered dose was excreted in urine, suggesting negligible absorption following oral administration. Umeclidinium plasma elimination half-life following inhaled dosing for 10 days averaged 19 hours, with 3% to 4% drug excreted unchanged in urine at steady-state.

**Vilanterol:** Plasma clearance of vilanterol following intravenous administration was 108 L/hr. Following oral administration of radiolabelled vilanterol, mass balance showed 70% of the radiolabel in urine and 30% in feces. Primary elimination of vilanterol was by metabolism followed by excretion of metabolites in urine and feces. Vilanterol plasma elimination half-life following inhaled dosing for 10 days averaged 11 hours.

#### **Special Populations and Conditions**

**Pediatrics:** The safety and efficacy of TRELEGY ELLIPTA in pediatric patients below 18 years of age have not been established.

**Effects on Growth**: Inhaled corticosteroids may cause a reduction in growth velocity when administered to children and adolescents. A reduction of growth velocity in children and adolescents may occur as a result of poorly controlled asthma or from use of corticosteroids, including inhaled corticosteroids. The effects of long-term treatment of children and adolescents with inhaled corticosteroids, including fluticasone furoate, on final adult height are not known.

Controlled clinical trials have shown that inhaled corticosteroids may cause a reduction in growth in

children. In these trials, the mean reduction in growth velocity was approximately 1 cm/year (range: 0.3 to 1.8 cm/year) and appears to be related to dose and duration of exposure. This effect has been observed in the absence of laboratory evidence of HPA axis suppression, suggesting that growth velocity is a more sensitive indicator of systemic corticosteroid exposure in children than some commonly used tests of HPA axis function. The long-term effects of this reduction in growth velocity associated with inhaled corticosteroids, including the impact on final adult height, are unknown. The potential for "catch-up" growth following discontinuation of treatment with inhaled corticosteroids has not been adequately studied.

A randomized, double-blind, parallel-group, multicenter, 1-year, placebo-controlled trial evaluated the effect of once-daily treatment with 110 mcg of fluticasone furoate in the nasal spray formulation on growth velocity assessed by stadiometry. The subjects were 474 pre-pubescent children (girls aged 5 to 7.5 years and boys aged 5 to 8.5 years). Mean growth velocity over the 52-week treatment period was lower in the patients receiving fluticasone furoate nasal spray (5.19 cm/year) compared with placebo (5.46 cm/year). The mean reduction in growth velocity was 0.27 cm/year (95% CI: 0.06 to 0.48) (see <u>7</u> WARNINGS AND PRECAUTIONS, Endocrine and Metabolism).

**Geriatrics:** The effects of age on the pharmacokinetics of fluticasone furoate, umeclidinium and vilanterol were evaluated in population pharmacokinetic analyses. No clinically relevant effects requiring dose adjustment were observed for subjects with COPD or asthma.

**Sex:** In population pharmacokinetic analyses in subjects with COPD or asthma, no clinically relevant differences requiring dose adjustment based on gender were observed in fluticasone furoate, umeclidinium or vilanterol systemic exposure.

**Ethnic origin:** No clinically relevant differences requiring dose adjustment in COPD or asthma based on race were observed in fluticasone furoate, umeclidinium or vilanterol systemic exposure.

In 113 East Asian subjects with COPD (Japanese and East Asian Heritage), who received fluticasone furoate/umeclidinium/vilanterol 100/62.5/25 mcg from a single inhaler (27% subjects), fluticasone furoate and umeclidinium AUC<sub>ss</sub> estimates were on average 30% and 33%, respectively, higher compared with Caucasian subjects. However, these higher fluticasone furoate systemic exposures remain below the threshold for fluticasone furoate-induced reduction of serum and urine cortisol and are not considered clinically relevant. Also, these higher umeclidinium systemic exposures are not expected to be clinically relevant with respect to safety in these subjects.

There was no effect of race on pharmacokinetic parameter estimates of vilanterol in subjects with COPD.

In 92 East Asian subjects with asthma (Japanese, East Asian and Southeast Asian heritage) who provided fluticasone furoate/umeclidinium/vilanterol (100/62.5/25 mcg or 200/62.5/25 mcg) population pharmacokinetic data, estimates of vilanterol  $C_{max}$  at steady state was approximately 3-fold higher than non-East Asian subjects.

There was no effect of race on pharmacokinetics of fluticasone furoate or umeclidinium in subjects with asthma.

**Hepatic Insufficiency:** Fluticasone furoate/umeclidinium/vilanterol has not been evaluated in subjects with hepatic impairment. However, studies have been conducted with fluticasone furoate/vilanterol and umeclidinium/vilanterol.

The impact of hepatic impairment on the pharmacokinetics of combination doses of fluticasone furoate/vilanterol was evaluated in patients with mild (n=9), moderate (n=9) and severe (n=8) hepatic
insufficiency, stratified using the Child-Pugh classification. Subjects with mild or moderate hepatic impairment and healthy control subjects (n=9) received fluticasone furoate/vilanterol 200/25 mcg once daily for 7 days. As a precaution, subjects with severe hepatic impairment received a lower combination dose of fluticasone furoate/vilanterol 100/12.5 mcg once daily for 7 days. There was an increase in fluticasone furoate systemic exposure (up to 3-fold increase in AUC<sub>(0-24)</sub>) in subjects with mild, moderate, or severe hepatic impairment compared with healthy subjects. No clinically relevant effects on weighted mean serum cortisol were observed in subjects with mild hepatic impairment. In subjects with moderate hepatic impairment, mean serum cortisol (0 to 24 hours) was reduced by 34% compared with healthy subjects. Hepatic impairment had no effect on vilanterol systemic exposure. For patients with moderate or severe hepatic impairment the maximum dose is TRELEGY ELLIPTA 100/62.5/25 mcg (4.2 Recommended Dose and Dosage Adjustment, Hepatic Insufficiency).

The pharmacokinetics of umeclidinium and vilanterol following co-administration have been evaluated in subjects with moderate hepatic impairment (Child-Pugh score of 7-9). There was no evidence of an increase in systemic exposure to either umeclidinium or vilanterol ( $C_{max}$  and AUC), and no evidence of altered protein binding between subjects with moderate hepatic impairment and healthy volunteers. Umeclidinium has not been evaluated in subjects with severe hepatic impairment.

**Renal Insufficiency:** Fluticasone furoate/umeclidinium/vilanterol has not been evaluated in subjects with renal impairment. However, studies have been conducted with fluticasone furoate/vilanterol and umeclidinium/vilanterol.

A clinical pharmacology study of fluticasone furoate/vilanterol showed that severe renal impairment (creatinine clearance <30mL/min) did not result in significantly greater exposure to fluticasone furoate or vilanterol compared with healthy subjects.

The pharmacokinetics of umeclidinium and vilanterol following co-administration have been evaluated in subjects with severe renal impairment (creatinine clearance <30 mL/min). Umeclidinium systemic exposure was not significantly increased (10% for AUC) and vilanterol systemic exposure (AUC<sub>(0-24)</sub>) was 56% higher in subjects with severe renal impairment compared with healthy subjects. There was no evidence of altered protein binding between subjects with severe renal impairment and healthy volunteers.

# 11 STORAGE, STABILITY AND DISPOSAL

Do not store above 30°C. Store in a dry place away from direct heat or sunlight. If stored in the refrigerator, allow the inhaler to return to room temperature for at least an hour before use.

Keep out of sight and reach of children.

Patients should be instructed to write the date the inhaler should be discarded on the label in the space provided. The date (6 weeks after the date of opening) should be added as soon as the inhaler has been removed from the tray.

TRELEGY ELLIPTA should be safely discarded when the dose counter reads "0" or 6 weeks after it was removed from the foil tray, whichever comes first.

# **12 SPECIAL HANDLING INSTRUCTIONS**

TRELEGY ELLIPTA is packaged in a moisture-protective foil laminate tray with a desiccant sachet and a peelable foil lid. TRELEGY ELLIPTA should be stored inside the unopened moisture-protective foil laminate tray and only removed from the tray immediately before initial use. Once the tray is opened,

the desiccant package should be discarded in the household trash out of reach of children and pets. It should not be opened, eaten or inhaled.

# PART II: SCIENTIFIC INFORMATION

# **13 PHARMACEUTICAL INFORMATION**

#### **Drug Substance**

## Fluticasone Furoate

Proper name: fluticasone furoate

 $\label{eq:chemical name: (6\alpha, 11\beta, 16\alpha, 17\alpha)-6, 9-difluoro-17- \{[(fluoro-methyl)thio]carbonyl\}-11-hydroxy-16-methyl-3-oxoandrosta-1, 4-dien-17-yl 2-furancarboxylate$ 

Molecular formula and molecular mass:  $C_{27}H_{29}F_3O_6S = 538.6$ 

Structural formula:



Physicochemical properties: fluticasone furoate is a white powder. It is practically insoluble in water.

## Umeclidinium Bromide

Proper name: umeclidinium bromide

Chemical name: 1-[2-(benzyloxy)ethyl]-4-(hydroxydiphenylmethyl)-1-azoniabicyclo[2.2.2]octane bromide

Molecular formula and molecular mass: C<sub>29</sub>H<sub>34</sub> NO<sub>2</sub>•Br 508.5

Structural formula:



Physicochemical properties: umeclidinium is a white powder. It is slightly soluble in water.

## Vilanterol Trifenatate

Proper name: vilanterol trifenatate

Chemical name: triphenylacetic acid-4-{(1R)-2-[(6-{2-[2,6 dicholorobenzyl)oxy]ethoxy}hexyl)amino]-1-

hydroxyethyl}-2-(hydroxymethyl)phenol (1:1) Molecular formula and molecular mass: C<sub>24</sub>H<sub>33</sub>Cl<sub>2</sub>NO<sub>5</sub>.C<sub>20</sub>H<sub>16</sub>O<sub>2</sub> 774.8 Structural formula:



Physicochemical properties: vilanterol is a white powder. It is practically insoluble in water.

# 14 CLINICAL TRIALS

# 14.1 Clinical Trials by Indication

# COPD

TRELEGY ELLIPTA 100/62.5/25 mcg is a triple combination of fluticasone furoate, an inhaled corticosteroid (ICS), umeclidinium, a long-acting muscarinic antagonist (LAMA) and vilanterol, a long-acting beta<sub>2</sub>-adrenergic agonist (LABA) for oral inhalation. The efficacy of TRELEGY ELLIPTA in patients with a clinical diagnosis of COPD has been evaluated in two clinical studies: CTT116853 and CTT116855.

The details of the design and patient demographics for these studies are described in Table 10 below.

 Table 10
 Summary of trial design and patient demographics for clinical trials in COPD

Study #	Trial design, Route of Administration and Study Duration	Treatment and Dosage	Study Subjects Mean age (Range) Gender (%)	Primary Efficacy Endpoint
CTT116853	24 week, randomised, double blind, double dummy, parallel group study (with an extension to 52 weeks in a subset of subjects) comparing the efficacy, safety and tolerability of the fixed dose triple combination fluticasone furoate/ umeclidinium/ vilanterol administered once daily in the morning via a dry powder inhaler (ELLIPTA) with budesonide/formoterol (BUD/FOR) administered twice- daily via the Turbuhaler dry powder inhaler	TRELEGY ELLIPTA 100/62.5/25 mcg OD BUD/FOR 400/12 mcg BID	ITT Population (24 weeks) Total: 1,810 64 years (39 - 99) Male: 74% Female: 26% EXT Population (52 weeks) Total: 430 64 years (41-81) Male: 74% Female: 26%	Trough FEV1 at Week 24 and SGRQ Total Score at Week 24

CTT116855	52 week, randomised, double blind, 3-arm parallel group study, comparing the efficacy, safety and tolerability of the fixed dose triple combination fluticasone furoate/umeclidinium/ vilanterol with the fixed dose dual combinations of fluticasone furoate/vilanterol (FF/VI) and umeclidinium/ vilanterol (UMEC/VI), all administered once daily in the morning via	TRELEGY ELLIPTA 100/62.5/25 mcg OD FF/VI 100/25 mcg OD UMEC/VI 62.5/25 mcg OD	Total: 10,355 65 years (40-94) Male: 66% Female: 34%	Annual rate of on-treatment moderate/ severe exacerbations

# Study CTT116853

Study CTT116853 was a 24-week active-controlled study in patients with a clinical diagnosis of COPD with an extension up to 52 weeks in a subset of patients. This pivotal study was designed to provide evidence of superior efficacy of TRELEGY ELLIPTA 100/62.5/25 mcg compared with a currently approved ICS/LABA combination indicated for the treatment of patients with moderate to severe COPD with persistent symptoms and a history of exacerbations. The co-primary endpoints were change from baseline in trough forced expiratory volume in one second (FEV<sub>1</sub>) at Week 24 and change from baseline in St. George's Respiratory Questionnaire (SGRQ) Total Score at Week 24. Secondary efficacy endpoints included: annual rate of moderate or severe COPD exacerbations (on-treatment), change from baseline in Evaluating Respiratory Symptoms in COPD (E-RS: COPD) score and subscale (breathlessness, cough and sputum, and chest symptoms) scores, Transitional Dyspnoea Index (TDI) Focal Score at Week 24, and percentage of days with a Daily Activity Question score of 2 (did more activities than usual) over Weeks 1-24.

A total of 1,810 patients were included in the 24-week active controlled study, and 430 subjects continued up to 52 weeks of treatment. Patients were required to be symptomatic with a COPD Assessment Test (CAT) score  $\geq$ 10 and on COPD maintenance therapy for at least three months prior to study entry. The mean age was 63.9 years, with 50% of patients aged 65 or over. At screening, the mean post-bronchodilator FEV<sub>1</sub> was 45% of predicted and 65% of patients reported a history of moderate/severe exacerbation in the past year. At study entry, the most common COPD medication combinations reported were ICS+LABA+LAMA (28%), ICS+LABA (29%), LAMA+LABA (10%), and LAMA (9%).

TRELEGY ELLIPTA 100/62.5/25 mcg demonstrated a clinically and statistically significant improvement in bronchodilation (as defined by change from baseline trough FEV<sub>1</sub> at Week 24; co-primary endpoint) compared with the ICS/LABA administered twice-daily (see Table 11). Lung function improvements with

TRELEGY ELLIPTA 100/62.5/25 mcg were evident on the first day of treatment and were maintained over the 24-week treatment period. Over the 24-week treatment period, TRELEGY ELLIPTA 100/62.5/25 mcg produced clinically meaningful improvements from baseline in trough FEV<sub>1</sub> at all time points ranging from 118 to 142 mL compared with slight declines observed with the ICS/LABA ranging from -4 to -29 mL. Treatment differences between TRELEGY ELLIPTA 100/62.5/25 mcg and the active comparator in change from baseline in trough FEV<sub>1</sub> ranged from 123 to 171 mL and were statistically significant at all time points (p<0.001) (see Figure 5).

TRELEGY ELLIPTA 100/62.5/25 mcg demonstrated a statistically significant improvement compared to the ICS/LABA at Week 24 for Health Related Quality of Life (HRQoL) measured by the St. George's Respiratory Questionnaire (SGRQ) total score (co-primary endpoint) (see Table 11).

	TRELEGY ELLIPTA	ICS/LABA	Comparison with ICS/LABA		
	100/62.5/25 mcg OD (n = 911)	BID (n = 899)	Treatment Difference (95% Cl) p-value		
Trough FEV1 (L) at Week 24, LS mean change from baseline (SE)	0.142 (0.0083)	-0.029 (0.0085)	0.171 (0.148, 0.194) p<0.001		
SGRQ Total Score at Week 24, LS mean change from baseline (SE)	-6.6 (0.45)	-4.3 (0.46)	-2.2 (-3.5, -1.0) p<0.001		
Abbreviations: BID = twice daily; CI = confidence interval; $FEV_1$ = forced expiratory volume in 1 second; L = litres; LS = least squares; mcg = micrograms; n = number in the intent-to-treat population; OD = once daily; SE = standard error; SGRQ = St. George's Respiratory Questionnaire.					

# Table 11Co-primary efficacy endpoints (Study CTT116853)



Figure 5Least Squares Mean Change from Baseline in Trough FEV1 (L)<br/>(ITT Population)

Analysis performed using a repeated measures model with covariates of treatment group, smoking status (screening), geographical region, visit, baseline, and baseline-by-visit and treatment-by-visit interactions

These results were supported by SGRQ responder analysis, CAT score and CAT responder analysis, and also by respiratory symptoms measured using the Evaluating Respiratory Symptoms in COPD (E-RS<sup>™</sup>: COPD) score and sub-scale scores over Weeks 21-24, breathlessness measured using the Transitional Dyspnoea Index (TDI) focal score at Week 24, and rescue medication use measured by mean number of occasions per day over Weeks 1-24.

TRELEGY ELLIPTA 100/62.5/25 mcg demonstrated a statistically significant reduction in the annual rate of moderate/severe exacerbations (i.e., requiring treatment with antibiotics or oral/systemic corticosteroids or hospitalization; extrapolated from data up to Week 24) compared with the ICS/LABA.

The results for the extended population (n=430) at 52 weeks for trough FEV<sub>1</sub>, decrease from baseline in SGRQ Total Score and exacerbation outcomes were consistent with the results up to 24 weeks.

# Study CTT116855

Study CTT116855 was a 52-week, active-controlled study evaluating the long-term efficacy of TRELEGY ELLIPTA 100/62.5/25 mcg in patients with COPD with a history of 1 or more moderate or severe exacerbations within the prior 12 months. This pivotal study was designed to provide evidence of superior efficacy of TRELEGY ELLIPTA 100/62.5/25 mcg, compared with a currently approved ICS/LABA combination indicated for the treatment of airflow obstruction in patients with COPD and to reduce exacerbations of COPD, or a currently approved LAMA/LABA combination indicated for the treatment of airflow obstruction in patients with COPD. The primary endpoint was the annual rate of ontreatment moderate/severe exacerbations. Exacerbations were defined as worsening of 2 or more major symptoms (dyspnea, sputum volume, and sputum purulence) or worsening of any 1 major symptom together with any 1 of the following minor symptoms: sore throat, colds (nasal discharge and/or nasal congestion), fever without other cause, and increased cough or wheeze for at least 2 consecutive days. Exacerbations were considered to be of moderate severity if treatment with systemic corticosteroids and/or antibiotics was required and were considered to be severe if resulted in hospitalization or death. Secondary efficacy endpoints included: change from baseline trough  $FEV_1$  and change from baseline SGRQ Total Score at Week 52 versus ICS/LABA, time to first on-treatment moderate/severe exacerbation, and annual rate of on-treatment severe exacerbations versus ICS/LABA and versus LAMA/LABA.

A total of 10,355 patients were included in the 52-week active-controlled study. Patients were required to be symptomatic with a CAT score ≥10 and on COPD maintenance therapy for at least three months prior to study entry. The mean age was 65.3 years, with 54% of patients aged 65 or over. At screening, the mean post-bronchodilator FEV1 was 46% of predicted. At study entry, the most common COPD medications were ICS+LAMA+LABA (34%), ICS+LABA (26%), LAMA+LABA (8%), and LAMA (7%).

Treatment with TRELEGY ELLIPTA 100/62.5/25 mcg statistically significantly reduced the on-treatment annual rate of moderate/severe exacerbations by 15% compared with the ICS/LABA and by 25% compared with the LAMA/LABA (see Table 12).

	TRELEGY ELLIPTA 100/62.5/25 mcg OD (n = 4,151)	ICS/LABA OD (n = 4,134)	LAMA/LABA OD (n = 2,070)	TRELEGY ELLIPTA vs. ICS/LABA	TRELEGY ELLIPTA vs. LAMA/LABA
Rate of moderate/severe exacerbations per year	0.91	1.07	1.21		
Reduction in rate (%) (95% CI) p-value				15% (10, 20) p<0.001	25% (19, 30) p<0.001

Table 12 Moderate/Severe COPD Exacerbations (Study CTT116855 Primary Endpoint
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Abbreviations: ICS/LABA = inhaled corticosteroid/ long-acting beta<sub>2</sub>-adrenergic agonist; LAMA/LABA = long-acting muscarinic antagonist/ long-acting beta<sub>2</sub>-adrenergic agonist; CI = Confidence interval; OD = once daily

These results were supported by lung function analysis (as defined by change from baseline trough FEV<sub>1</sub> at Week 52) and SGRQ score analysis compared to ICS/LABA; time to first moderate/severe exacerbation analysis compared to both ICS/LABA and LAMA/LABA; and rate of severe exacerbations (i.e., requiring hospitalization or resulting in death) compared to LAMA/LABA.

# Asthma

The efficacy of TRELEGY ELLIPTA 100/62.5/25 mcg and 200/62.5/25 mcg in patients with a clinical diagnosis of asthma has been evaluated in one pivotal clinical study 205715.

The details of the design and patient demographics for study 205715 are described in Table 13 below.

Study #	Trial design, Route of Administration and Study Duration	Treatment and Dosage	Study Subjects Mean age (Range) Gender (%)	Primary Efficacy Endpoint
205715	A 24-52 week phase III, multi-centre, randomized, active- controlled, double- blind, parallel group study to evaluate the efficacy, safety and tolerability of the fixed dose triple combination of fluticasone furoate/umeclidinium bromide/vilanterol (FF/UMEC/VI) with the fixed dose dual combination of fluticasone furoate/vilanterol (FF/VI) all administered once daily via a dry powder inhaler (ELLIPTA) in subjects with inadequately controlled asthma	TRELEGY ELLIPTA 100/62.5/25 mcg OD TRELEGY ELLIPTA 200/62.5/25 mcg OD FF/UMEC/VI 100/31.25/25 mcg OD FF/UMEC/VI 200/31.25/25 mcg OD FF/VI 100/25 mcg OD FF/VI 200/25 mcg OD	ITT Population (24– 52 weeks) Total: 2,436 53 years (18 - 88) Male: 38% Female: 62%	Trough FEV <sub>1</sub> at Week 24

 Table 13
 Summary of trial design and patient demographics for clinical trials in Asthma

# Study 205715

The safety and efficacy of TRELEGY ELLIPTA 100/62.5/25 mcg and 200/62.5/25 mcg were evaluated in 2,436 subjects in a randomized, active-controlled, double-blind, parallel-group confirmatory trial of 24 to 52 weeks' duration in adult subjects with asthma inadequately controlled on their current treatments of combination therapy (ICS/LABA). The trial evaluated the efficacy of TRELEGY ELLIPTA on lung function, annualized rate of moderate and severe asthma exacerbations, asthma symptom control, and health-related quality of life when compared with fluticasone furoate/vilanterol (FF/VI). The primary endpoint was change from baseline in trough forced expiratory volume in one second (FEV<sub>1</sub>) at Week 24. The key secondary endpoint was the annualized rate of moderate/severe asthma exacerbation.

This trial had a 5-week run-in/stabilization period described as follows: subjects inadequately controlled [Asthma Control Questionnaire (ACQ-6)  $\geq$ 1.5] on their current asthma treatment of ICS (greater than fluticasone propionate 250 mcg/day or equivalent) plus LABA entered a 3-week run-in period of treatment with fluticasone propionate/salmeterol 250/50 mcg twice daily. Subjects who remained inadequately controlled (ACQ-6  $\geq$ 1.5) after the run-in period were transferred to fluticasone furoate/vilanterol 100/25 mcg once daily for a 2-week stabilization period.

Across all treatment groups, baseline demographics were similar. In the overall population, the demographics were: mean age of 53 years, 62% female, 80% white, 21 years' mean duration of asthma (range: 1 to 70), 81% who never smoked. The trial did not include current smokers; past smokers had an average smoking history of 4.3 pack-years. In the prior 12 months, 85% of subjects reported having at least one exacerbation that required oral/systemic corticosteroids and/or hospitalization. At study entry, the most common asthma medication combinations reported were ICS+LABA (82%), ICS+LABA+LTRA (9%), and ICS+LABA+LAMA (2%).

At screening, the mean prebronchodilator percent predicted  $FEV_1$  was 58.5% (SD: 12.8%); the mean percent reversibility was 29.9% (SD: 18.1%), with a mean absolute reversibility of 484 mL (SD: 274 mL), and the mean ACQ-6 score was 2.5 (SD: 0.6).

During the 5-week run-in/stabilization period, subjects had improvements in both lung function (trough FEV<sub>1</sub> improvement of 287 mL) and asthma control (mean ACQ-6 score decreased by 0.6). At randomization, the majority of subjects (93%) remained not well controlled (mean ACQ-6 score of 1.9), and the mean prebronchodilator percent predicted FEV<sub>1</sub> was 68.2% (SD: 14.8%).

After the 5-week run-in/stabilization period, eligible subjects were randomized to receive once-daily inhalations of TRELEGY ELLIPTA 100/62.5/25 mcg (n = 406), TRELEGY ELLIPTA 200/62.5/25 mcg (n = 408), FF/UMEC/VI 100/31.25/25 mcg (n = 405), FF/UMEC/VI 200/31.25/25 mcg (n = 404), fluticasone furoate/vilanterol 100/25 mcg (n = 407), or fluticasone furoate/vilanterol 200/25 mcg (n = 406). In the evaluation of efficacy, the non-lung function endpoint analyses included prespecified pooled comparisons of TRELEGY ELLIPTA (100/62.5/25 and 200/62.5/25 mcg) with fluticasone furoate/vilanterol (100/25 and 200/25 mcg).

**Lung Function:** The change from baseline in trough FEV<sub>1</sub> at Week 24 (primary efficacy endpoint) showed statistically significant improvements in lung function for both TRELEGY ELLIPTA 100/62.5/25 mcg and TRELEGY ELLIPTA 200/62.5/25 mcg compared with fluticasone furoate/vilanterol 100/25 mcg and fluticasone furoate/vilanterol 200/25 mcg, respectively (Table 14, Figure 6 and Figure 7).

	FF/VI	TRELEGY ELLIPTA	FF/VI	TRELEGY ELLIPTA
	100/25 mcg	100/62.5/25 mcg	200/25 mcg	200/62.5/25 mcg
Trough FEV <sub>1</sub> (mL)	(n = 407)	(n = 406)	(n = 406)	(n = 408)
Least squares mean	2,048	2,157	2,099	2,191
Least squares mean change	24 (15.7)	134 (15.5)	76 (15.6)	168 (15.5)
(SE)				
TRELEGY ELLIPTA				
100/62.5/25 mcg vs. FF/VI				
100/25 mcg				
Difference	Reference	110		
95% CI		66, 153		
P value		<i>p</i> <0.001		
TRELEGY ELLIPTA				
200/62.5/25 mcg vs. FF/VI				
200/25 mcg				
Difference			Reference	92
95% CI				49, 135
P value				<i>p</i> <0.001

Table 14Least Squares Mean Change from Baseline in Trough FEV1 at Week 24

CI=confidence interval; FEV<sub>1</sub>=forced expiratory volume in 1 second; n=number in the intent-to-treat population; SE=standard error; FF/VI = Fluticasone Furoate/Vilanterol



# Least Squares Mean Change from Baseline in Trough FEV<sub>1</sub> (mL) with TRELEGY ELLIPTA 100/62.5/25 mcg over 24 Weeks of Treatment



\*P<0.001 TRELEGY ELLIPTA 100/62.5/25 mcg versus FF/VI 100/25 mcg



# Least Squares Mean Change from Baseline in Trough FEV<sub>1</sub> (mL) with TRELEGY ELLIPTA 200/62.5/25 mcg over 24 Weeks of Treatment



The change from baseline in FEV<sub>1</sub> at 3 hours post-dose was supportive of the primary endpoint with improvements for both TRELEGY ELLIPTA 100/62.5/25 mcg and TRELEGY ELLIPTA 200/62.5/25 mcg compared with fluticasone furoate/vilanterol 100/25 mcg and fluticasone furoate/vilanterol 200/25 mcg, respectively.

**Exacerbations:** Moderate/severe asthma exacerbations were assessed over the 52-week treatment period based on variable treatment duration (from 24 weeks to 52 weeks where 39% of subjects were treated for 36 weeks and 19% of subjects were treated for 52 weeks). A moderate asthma exacerbation was defined as a deterioration in asthma symptoms or lung function, or an increase in rescue bronchodilator use that warranted a temporary change in asthma treatment (e.g., increase in ICS), but did not meet the criteria for severe exacerbation. A severe asthma exacerbation was defined as deterioration of asthma requiring the use of systemic corticosteroid (or at least a doubling of maintenance dose) for at least 3 days, or an inpatient hospitalization or emergency department visit due to asthma that required systemic corticosteroid.

In the pooled analysis, the annualized rate of moderate/severe exacerbations (key secondary endpoint) was lower with TRELEGY ELLIPTA (100/62.5/25 and 200/62.5/25 mcg) compared with fluticasone furoate/vilanterol (100/25 and 200/25 mcg) (13% reduction in rate; 95% CI: -5.2, 28.1).

In descriptive unpooled analyses, the mean annualized rates of moderate/severe exacerbations were 0.68 and 0.55 for TRELEGY ELLIPTA 100/62.5/25 mcg and TRELEGY ELLIPTA 200/62.5/25 mcg, respectively. The mean annualized rates of moderate/severe exacerbations were 0.87 and 0.57 for fluticasone furoate/vilanterol 100/25 mcg and fluticasone furoate/vilanterol 200/25 mcg, respectively.

In addition, severe asthma exacerbations were assessed as an other endpoint. In a descriptive pooled analysis, a difference in the mean annualized rate of severe exacerbations was not observed for TRELEGY ELLIPTA (100/62.5/25 and 200/62.5/25 mcg) compared with fluticasone furoate/vilanterol (100/25 and 200/25 mcg) (2.6% reduction in rate; 95% CI: -26.2, 24.9). In descriptive unpooled analyses, the mean annualized rates of severe exacerbations were 0.41 and 0.23 for TRELEGY ELLIPTA 100/62.5/25 mcg and TRELEGY ELLIPTA 200/62.5/25 mcg, respectively. The mean annualized rates of severe exacerbations were 0.38 and 0.26 for fluticasone furoate/vilanterol 100/25 mcg and fluticasone furoate/vilanterol 200/25 mcg, respectively.

Asthma Control Questionnaire (ACQ): The mean change from baseline in ACQ-7 score at week 24 (pooled analysis was a secondary endpoint) was similar for all treatment groups. In an unpooled descriptive analysis, the ACQ-7 responder rate at Week 24 as an other endpoint was 62% for TRELEGY ELLIPTA 100/62.5/25 mcg compared with 52% for fluticasone furoate/vilanterol 100/25 mcg, and 64% for TRELEGY ELLIPTA 200/62.5/25 mcg compared with 58% for fluticasone furoate/vilanterol 200/25 mcg.

# 15 MICROBIOLOGY

No microbiological information is required for this drug product.

# 16 NON-CLINICAL TOXICOLOGY

**Animal Pharmacology:** Pharmacological and toxicological effects seen with fluticasone furoate, umeclidinium or vilanterol in nonclinical studies were those typically associated with glucocorticoids, muscarinic receptor antagonists or beta<sub>2</sub>-adrenergic receptor agonists. Administration of combined fluticasone furoate, umeclidinium and vilanterol to dogs did not result in any significant new toxicity or any major exacerbation of expected findings associated with fluticasone furoate, umeclidinium or vilanterol alone.

**Carcinogenicity:** Fluticasone furoate was not genotoxic in a standard battery of studies and was not carcinogenic in lifetime inhalation studies in rats or mice at AUC exposures of 0.6- or 1.3-fold, respectively, those seen in humans given fluticasone furoate 200 mcg.

Umeclidinium was not genotoxic in a standard battery of studies and was not carcinogenic in lifetime inhalation studies in mice or rats at exposures  $\geq$  20 or  $\geq$  17-fold the human clinical exposure at umeclidinium 62.5 mcg, based on AUC, respectively.

Genetic toxicity studies indicate vilanterol does not represent a genotoxic hazard to humans. Consistent with findings for other beta<sub>2</sub>-agonists, in lifetime inhalation studies vilanterol caused proliferative effects in the female rat and mouse reproductive tract and rat pituitary gland. There was no increase in tumour incidence in rats or mice at exposures 0.9 or 22-fold, respectively, the human clinical exposure of vilanterol at 25 micrograms based on AUC.

**Reproductive and Developmental Toxicology:** Neither fluticasone furoate nor umeclidinium nor vilanterol had any adverse effects on male or female fertility in rats.

Fluticasone furoate was not teratogenic in rats or rabbits, but delayed development in rats and caused abortion in rabbits at maternally toxic inhaled doses. There were no effects on development in rats at exposures 3.0-fold the human clinical exposure at 200 mcg, based on AUC. Fluticasone furoate had no adverse effect on pre- or post-natal development in rats.

Umeclidinium was not teratogenic in rats or rabbits. In a pre- and post-natal study, subcutaneous

administration of umeclidinium to rats resulted in lower maternal body weight gain and food consumption and slightly decreased pre-weaning pup body weights in dams given 180 mcg/kg/day dose (approximately 61-fold the human clinical exposure at 62.5 mcg umeclidinium, based on AUC).

Vilanterol was not teratogenic in rats. In inhalation studies in rabbits, vilanterol caused effects similar to those seen with other beta2-agonists (cleft palate, open eyelids, sternebral fusion and limb flexure/malrotation). When given subcutaneously there were no effects at exposures 62-fold the human clinical exposure at 25 mcg, based on AUC. Vilanterol had no adverse effect on pre- or post-natal development in rats.

# 17 SUPPORTING PRODUCT MONOGRAPHS

BREO ELLIPTA (Dry powder for oral inhalation, 100/25 mcg and 200/25 mcg fluticasone furoate/vilanterol (as trifenatate)), Control No. 213290, Product Monograph, GlaxoSmithKline Inc. (January 7, 2019)

ANORO ELLIPTA (Dry powder for oral inhalation, 62.5/25 mcg umeclidinium (as bromide)/vilanterol (as trifenatate)), Control No. 204866, Product Monograph, GlaxoSmithKline Inc. (August 9, 2017)

INCRUSE ELLIPTA (Dry powder for oral inhalation; 62.5 mcg umeclidinium (as bromide)), Control No. 222505, Product Monograph, GlaxoSmithKline Inc. (September 22, 2020)

# PATIENT MEDICATION INFORMATION

# READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE

# PRTRELEGY ELLIPTA

### fluticasone furoate, umeclidinium, vilanterol dry powder for oral inhalation

Read this carefully before you start taking TRELEGY ELLIPTA and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about TRELEGY ELLIPTA.

#### What is TRELEGY ELLIPTA used for?

#### Chronic Obstructive Pulmonary Disease (COPD):

TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg is used in adults for the long-term treatment of a lung disease called Chronic Obstructive Pulmonary Disease or COPD. This includes chronic bronchitis and emphysema. TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg is used in patients who are not adequately treated by other combination medications (ICS/LABA or LAMA/LABA).

TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg is the only strength indicated for the treatment of COPD.

People with COPD are also likely to experience "flare-ups" during which their symptoms become worse. If you have a history of experiencing "flare-ups" TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg can help reduce the symptoms you feel when this happens.

If you are a smoker, it is important to quit smoking. This will help decrease the symptoms of COPD and potentially increase your lifespan.

### Asthma:

TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg and 200 mcg/62.5 mcg/25 mcg are used for the long-term treatment of asthma in people aged 18 years and older whose asthma is not well controlled with a maintenance long-acting beta<sub>2</sub>-agonist (LABA) and a medium or high dose of an inhaled corticosteroid (ICS).

Asthma is when the muscles surrounding the smaller airways become tight (bronchoconstriction), swollen and irritated (inflammation). Symptoms come and go and include shortness of breath, wheezing, chest tightness and cough.

TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg and 200 mcg/62.5 mcg/25 mcg are the strengths indicated for the treatment of asthma.

#### How does TRELEGY ELLIPTA work?

TRELEGY ELLIPTA contains 3 active ingredients, fluticasone furoate, umeclidinium and vilanterol.

- Fluticasone furoate is an inhaled corticosteroid (ICS). It reduces inflammation in the airways of the lungs, which can ease breathing problems in COPD and asthma, and helps prevent "flare-ups" in COPD. Corticosteroids also help to prevent attacks of asthma.
- Umeclidinium is a long-acting muscarinic antagonist (LAMA) and vilanterol is a long-acting beta<sub>2</sub>-agonist (LABA). These 2 medicines work together to help open and relax the muscles in the airways and make it easier for air to get in and out of the lungs.

There is no cure for COPD or asthma, but TRELEGY ELLIPTA helps to control it. It is therefore important that you continue to take TRELEGY ELLIPTA regularly, even if you feel fine.

# What are the ingredients in TRELEGY ELLIPTA?

Medicinal ingredients: fluticasone furoate, umeclidinium (as bromide), and vilanterol (as trifenatate). Non-medicinal ingredients: lactose monohydrate (which contains milk proteins) and magnesium stearate.

# TRELEGY ELLIPTA comes in the following dosage forms:

Dry powder for oral inhalation delivered by the ELLIPTA inhaler. Each dose contains 100 mcg or 200 mcg fluticasone furoate, 62.5 mcg umeclidinium, and 25 mcg vilanterol.

TRELEGY ELLIPTA is available in 2 pack sizes, delivering either 14 or 30 inhalations per ELLIPTA inhaler. **Do not use TRELEGY ELLIPTA:** 

- To treat sudden severe symptoms of COPD (sudden shortness of breath or wheezing) or asthma (shortness of breath, wheezing, chest tightness, cough). TRELEGY ELLIPTA is not a rescue inhaler and should not be used to give you fast relief from your COPD or asthma. You <u>must</u> use a rescue inhaler during sudden COPD flare-ups or asthma attacks. Keep this rescue medication with you at all times.
- If you are allergic to fluticasone furoate, umeclidinium, vilanterol or any of the non-medicinal ingredients contained in the product.
- If you have a lactose or severe milk protein allergy.
- If you are younger than 18 years of age.

# To help avoid side effects and ensure proper use, talk to your healthcare professional before you take TRELEGY ELLIPTA. Talk about any health conditions or problems you may have, including if you:

- Have liver disease, as you may be more likely to experience side effects. If you have moderate or severe liver disease, your healthcare professional will limit your dose to TRELEGY ELLIPTA 100 mcg/62.5 mcg/25 mcg once daily;
- Have heart problems, such as rapid or irregular heart beat or an abnormal electrical signal called "prolongation of the QT interval";
- Have high blood pressure;
- Have eye problems such as increased pressure in the eye, glaucoma, cataracts, blurry vision or other changes in vision;
- Have prostate or bladder problems, or problems passing urine;
- Have ever had thrush or a yeast infection in your mouth;
- Have ever had seizures;
- Have thyroid gland problems or disease;
- Have diabetes;
- Have ever had to stop taking another medication for your breathing problems because you were allergic to it or it caused problems;
- Have been taking other corticosteroids by mouth or by inhalation;
- Have an immune system problem;
- Have any allergies to food or drugs;
- Have low levels of potassium in your blood;
- Have ever had herpes simplex of the eye, a history of tuberculosis infections, or any type of viral, bacterial, fungal (yeast), or parasitic infection.
- Are pregnant, think you could be pregnant, or if you are planning to become pregnant. Your healthcare professional will consider the benefit to you and the risk to your unborn baby.

• Are breastfeeding. It is not known whether TRELEGY ELLIPTA can pass into breast milk.

# Other warnings you should know about:

When LABA medicines are used alone without an ICS, they increase the risk of hospitalization and death from asthma problems. TRELEGY ELLIPTA contains both an ICS and LABA. Studies showed that when an ICS and LABA are used together, there is not a significantly increased risk in hospitalizations and death from asthma problems.

TRELEGY ELLIPTA does not relieve sudden symptoms. Always have a rescue inhaler with you to treat sudden symptoms. If you do not have a rescue inhaler, call your healthcare professional to have one prescribed for you.

If you no longer take an oral corticosteroid you should carry a warning card indicating that you may need supplementary corticosteroid treatment during periods of stress or a COPD or asthma flare-up.

When using medicines like TRELEGY ELLIPTA for long-term treatment, you may be at risk of:

- Breaking a bone (bone fractures);
- Weak bones (osteoporosis; increased risk of broken bones).

Take extra care to avoid any injury, especially falls. Your healthcare professional may test your bone mineral density (BMD) before you start taking TRELEGY ELLIPTA and periodically during treatment.

You should avoid coming into contact with people who have measles or chicken pox while taking TRELEGY ELLIPTA. If you are exposed, tell your healthcare professional right away.

Medicines like TRELEGY ELLIPTA can cause eye problems:

- Cataracts: clouding of the lens in the eye, blurry vision, eye pain;
- Glaucoma: an increased pressure in your eyes, eye pain, halos around lights or coloured images, red eyes. Untreated, it may lead to permanent vision loss;
- Central serous chorioretinopathy (CSCR): blurry vision or other changes in vision.

Contact your healthcare professional right away if you experience any eye or vision problems. You should have regular eye exams.

## COPD flare-up:

If you notice any of the following symptoms, <u>tell your healthcare professional immediately</u>. They could be warning signs that you are having a COPD flare-up or your condition is worsening.

- Unusual increase in the severity of breathlessness, cough, wheezing, or fatigue.
- Unusual colour, amount or thickness of mucus.
- Tightness in the chest or symptoms of a cold.
- You need to use your rescue medication more often than usual.
- Your rescue medication does not work as well to relieve your symptoms.

#### Pneumonia:

Patients with COPD have a higher chance of getting pneumonia (a lung infection). Medicines like TRELEGY ELLIPTA may also increase your chance of getting pneumonia. You have an even higher chance if you smoke, have had pneumonia before or are underweight. Symptoms of pneumonia and COPD flare ups frequently overlap. It is therefore important that you tell your healthcare professional immediately if you think you have an infection as even mild chest infections should be treated immediately. Your healthcare professional may also recommend that you receive a flu shot each year.

# Asthma Attack:

If you notice any of the following symptoms, <u>tell your healthcare professional immediately</u>. They could be warning signs that you are having an asthma attack or your condition is worsening.

- Unusual increase in the severity of shortness of breath, wheezing, chest tightness, cough.
- You wake up at night with chest tightness, wheezing or shortness of breath.
- You need to use your rescue medication more often than usual.
- Your rescue medication does not work as well to relieve your symptoms.

### Driving and Using Machines:

TRELEGY ELLIPTA can cause headaches and blurred vision which may affect your ability to drive and use machines. Use caution when driving and using machines until you know how TRELEGY ELLIPTA affects you.

# Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

## The following may interact with TRELEGY ELLIPTA:

- Other medications that contain a long-acting beta<sub>2</sub>-adrenergic agonist (LABA) (e.g., salmeterol, formoterol fumarate, indacaterol, olodaterol), or a long-acting muscarinic antagonist (LAMA) (e.g., tiotropium, glycopyrronium, aclidinium, umeclidinium). Ask your healthcare professional if any of your other medicines are LABA or LAMA containing medicines.
- Ketoconazole, itraconazole and voriconazole used to treat fungal infections;
- Medicines used to treat HIV/AIDS (i.e. ritonavir, indinavir, lopinavir, nelfinavir, saquinavir, atazanavir, cobicistat-containing products);
- Clarithromycin used to treat bacterial infections;
- Beta-blockers used to lower blood pressure (e.g., propranolol) or for other heart or eye problems (e.g., timolol);
- Medicines that decrease the level of potassium in your blood (i.e., diuretics). These are also known as "water pills" and are used to lower blood pressure;
- Medicines used in the treatment of depression (i.e., antidepressants, monoamine oxidase inhibitors).

## How to take TRELEGY ELLIPTA:

- TRELEGY ELLIPTA is for oral inhalation only.
- Take TRELEGY ELLIPTA exactly as recommended by your healthcare professional.
- TRELEGY ELLIPTA should be taken once a day, at about the same time each day.
- Rinse your mouth with water after taking TRELEGY ELLIPTA. Do not swallow the water after rinsing.
- It is important that you continue to take TRELEGY ELLIPTA regularly even if you feel fine and do not have any symptoms.
- Do not stop taking TRELEGY ELLIPTA without speaking to your healthcare professional.
- Do not take TRELEGY ELLIPTA more than once every 24 hours.

If you have any difficulties or you are unsure about how or when to take TRELEGY ELLIPTA check with your healthcare professional.

# COPD usual adult dose:

TRELEGY ELLIPTA (100 mcg/62.5 mcg/25 mcg): One inhalation through the mouth once daily.

## Asthma usual adult dose:

TRELEGY ELLIPTA (100 mcg/62.5 mcg/25 mcg) or TRELEGY ELLIPTA (200 mcg/62.5 mcg/25 mcg): One inhalation through the mouth once daily.

- Your healthcare professional will determine the dose based on the severity of your asthma and if you have liver disease.
- You should be re-evaluated by your healthcare professional regularly to make sure you are taking the best dose for you.
- Your healthcare professional will prescribe the lowest dose that works for your symptoms.

If you have liver disease, your healthcare professional may decide that you should use the lower strength of TRELEGY ELLIPTA (100 mcg/62.5 mcg/25 mcg).

Do not take more than the recommended dose and do not change your dose unless your healthcare professional has told you to.

#### Overdose:

If you think you, or a person you are caring for, have taken too much TRELEGY ELLIPTA, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

If you accidentally take a larger dose of TRELEGY ELLIPTA (i.e., more drug than recommended by your healthcare professional), you may feel shaky, have a headache, dry mouth, blurred vision, or feel like your heart is beating faster than usual. Talk to your healthcare professional right away if this occurs.

If you have taken larger doses than instructed for a long period of time, talk to your healthcare professional.

## Missed Dose:

If you miss a dose, carry on and take your next dose at the usual time the next day. Do not take an extra dose to make up for the missed one.

#### About your TRELEGY ELLIPTA Inhaler:

The ELLIPTA inhaler is the device used to deliver your medication.

Your ELLIPTA inhaler carton contains:



The plastic ELLIPTA inhaler is packaged in a tray, with a peelable foil lid. **Do not remove the foil lid until you are ready to use the inhaler.** Peel back the lid to open the tray.



In the tray, you will find a small desiccant sachet containing a drying agent. The desiccant sachet helps to prevent moisture from forming inside the tray. **Keep it away from children and pets.** Do **not** open, eat or inhale the desiccant sachet. **Throw it away in the household trash** once you have opened the lid of the tray. It is dangerous to eat or inhale the contents of the desiccant sachet.



When you take your ELLIPTA inhaler out of its tray it will be in the closed position. Write the "Discard by" date on the inhaler label in the space provided. The "Discard by" date is 6 weeks from the date you open the tray.

The plastic ELLIPTA inhaler has a light grey body, a beige mouthpiece cover, and a dose counter. The mouthpiece and the air vent are hidden by the cover and can only be seen when the cover is opened. The ELLIPTA inhaler is ready-to-use. You will not need to prime it before using it for the first time.



If you open and close the cover of the ELLIPTA inhaler without inhaling the medicine, you will lose a dose. The dose will be securely held inside the inhaler, but it will no longer be available. It is not possible to accidently take extra medicine or take a double dose in one inhalation.

Never try to alter the numbers on the counter or detach the counter on the front of the ELLIPTA inhaler. The counter cannot be reset and is permanently attached to the inhaler.

## How to use TRELEGY ELLIPTA:

Please follow the instructions '**OPEN, INHALE, and CLOSE**' to use your ELLIPTA inhaler. The instructions shown below apply to the 30-dose and 14-dose ELLIPTA inhaler.

Keep the cover closed until you are ready to inhale a dose. Do not shake the ELLIPTA inhaler at any point during use as this is not necessary.

Sit down or stand in a comfortable position.

**OPEN:** 

- 1. When you are ready, activate the inhaler by sliding the beige cover down until you hear a 'click' to prepare a dose.
- 2. The dose counter will now count down by one number ("1"). It is unlikely the dose counter will not count down as you hear the 'click'. If this happens, it may mean the inhaler did not load the medicine. Bring it back to your pharmacist for advice.
- 3. While holding the inhaler away from your mouth, exhale a complete breath (i.e., breathe out as far as is comfortable). *Don't breathe out into the inhaler*.



You are now ready to inhale a dose.

# INHALE:

1. Put the mouthpiece between your lips, and close your lips firmly around it. *Don't block the air vent with your fingers.* 



2. Take one long, steady, deep breath in. Hold this breath for as long as possible (minimum 3-4 seconds).

# CLOSE:

- 1. Remove the inhaler from your mouth. Exhale slowly and gently. Continue to breathe normally.
- 2. You can clean the mouthpiece of the inhaler with a clean dry tissue after you have inhaled the medicine.
- 3. Close the inhaler by sliding the cover upwards as far as it will go to cover the mouthpiece.



You may not be able to taste or feel the medicine (this is normal), even when you are using the inhaler correctly.

4. Rinse your mouth with water. **Do not** swallow.



## What are possible side effects from using TRELEGY ELLIPTA?

These are not all the possible side effects you may feel when taking TRELEGY ELLIPTA. If you experience any side effects not listed here, contact your healthcare professional.

Side effects may include:

- infection of the nose, sinuses or throat
- inflammation of the sinuses
- inflammation of the lungs (bronchitis)
- infection of the upper airways
- itchy, runny or blocked nose
- flu (influenza)
- common cold
- headache
- cough
- painful and frequent urination (may be signs of a urinary tract infection)

- joint pain
- back pain
- sore, raised patches in the mouth or throat caused by a fungal infection (*candidiasis*). Rinsing your mouth out with water immediately after using TRELEGY ELLIPTA may help stop this side effect developing
- pain in the back of the mouth and throat
- constipation
- dry mouth
- hoarseness
- taste disturbance

Serious side effects and what to do about them Talk to your healthcare professional Stop taking drug and						
Symptom / effect	Talk to your health	Stop taking drug and get immediate				
-,,,	Only if severe	In all cases	medical help			
COMMON						
Pneumonia (an infection of the						
lungs): fever or chills, increase in						
mucus production, change in		$\checkmark$				
mucus colour, increased cough or						
an increase in breathing difficulties						
Thrush (yeast infection): white						
patches in the mouth and/or		$\checkmark$				
tongue, sore throat						
UNCOMMON						
Fast or irregular heartbeat		$\checkmark$				
Broken bone or weakening of the						
bones (osteoporosis): In situations						
where healthy people would not						
normally break a bone you may		$\checkmark$				
have sudden pain in any location						
and especially in the wrist, spine or						
hip. This may be a broken bone.						
Eye Disorders: decrease in vision						
or new or higher pressure in your		✓				
eyes (possible signs of glaucoma),						
eye pain, blurred vision						
RARE						
Allergic reactions: skin rash or						
redness, hives (urticaria), swelling,						
sometimes of the face or mouth			✓			
(angioedema), wheezing, coughing						
or having difficulty in breathing,						

Serious side effects and what to do about them						
Symptom / effect	Talk to your health	Stop taking drug and				
	Only if severe	In all cases	get immediate medical help			
suddenly feeling weak or light headed (may lead to collapse or loss of consciousness)						
<b>Difficulty urinating:</b> difficulty and pain when passing urine, urinating frequently, urination in a weak stream or drips		1				
UNKNOWN FREQUENCY						
Sudden breathing difficulties (bronchospasm): tightness of the chest, coughing, wheezing or breathlessness immediately after using TRELEGY ELLIPTA			*			

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

# **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<u>https://www.canada.ca/en/health-</u> <u>canada/services/drugs-health-products/medeffect-canada/adverse-reaction-reporting.html</u>)
- for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

## Storage:

- Keep out of sight and reach of children. Your medicine may harm them.
- Keep your inhaler in a cool dry place away from direct heat or sunlight. Keep it closed when not in use.
- Do not store TRELEGY ELLIPTA above 30° C. If you store in a refrigerator, allow the inhaler to return to room temperature for at least an hour before use.
- Store in the original package container in order to protect from moisture and do not open the foil lid until ready for first use.
- Once the tray is opened:

- $\circ$   $\,$  You can use the inhaler for up to 6 weeks, starting from the date you opened the lid of the tray.
- Write the date the inhaler should be discarded on the inhaler in the space provided.
- Safely discard TRELEGY ELLIPTA when the dose counter reads "0" or 6 weeks after you open the lid of the tray, whichever comes first.

# If you want more information about TRELEGY ELLIPTA:

- Talk to your healthcare professional.
- Find the full product monograph that is prepared for healthcare professionals and includes this
  Patient Medication Information by visiting the Health Canada website:

   (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-products/drug-product-database.html); the manufacturer's website www.gsk.ca, or by calling 1-800-387-7374.

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